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**Cucurbit[n]uril-based Monodisperse Microcapsules Self-Assembled within Microfluidic Droplets: A Versatile Approach for Supramolecular Architectures and Materials**

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# Cucurbit[n]uril-based Microcapsules Self-Assembled within Microfluidic Droplets: A Versatile Approach for Supramolecular Architectures and Materials

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## Conspectus

Microencapsulation is a fundamental concept behind a wide range of daily applications ranging from paints, adhesives and pesticides to targeted drug delivery, transport of vaccines and self-healing concretes. The beauty of microfluidics to generate microcapsules arises from the capability of fabricating mono-disperse and micron-scale droplets, which can lead to microcapsules/particles with fine-tuned control over size, shape and hierarchical structure, as well as high reproducibility, efficient material usage and high-throughput manipulation. The introduction of supramolecular chemistry, such as host-guest interactions, endows the resultant microcapsules with stimuli-responsiveness and self-adjusting capabilities, and facilitates hierarchical microstructures with tuneable stability and porosity, leading to the maturity of current microencapsulation industry.

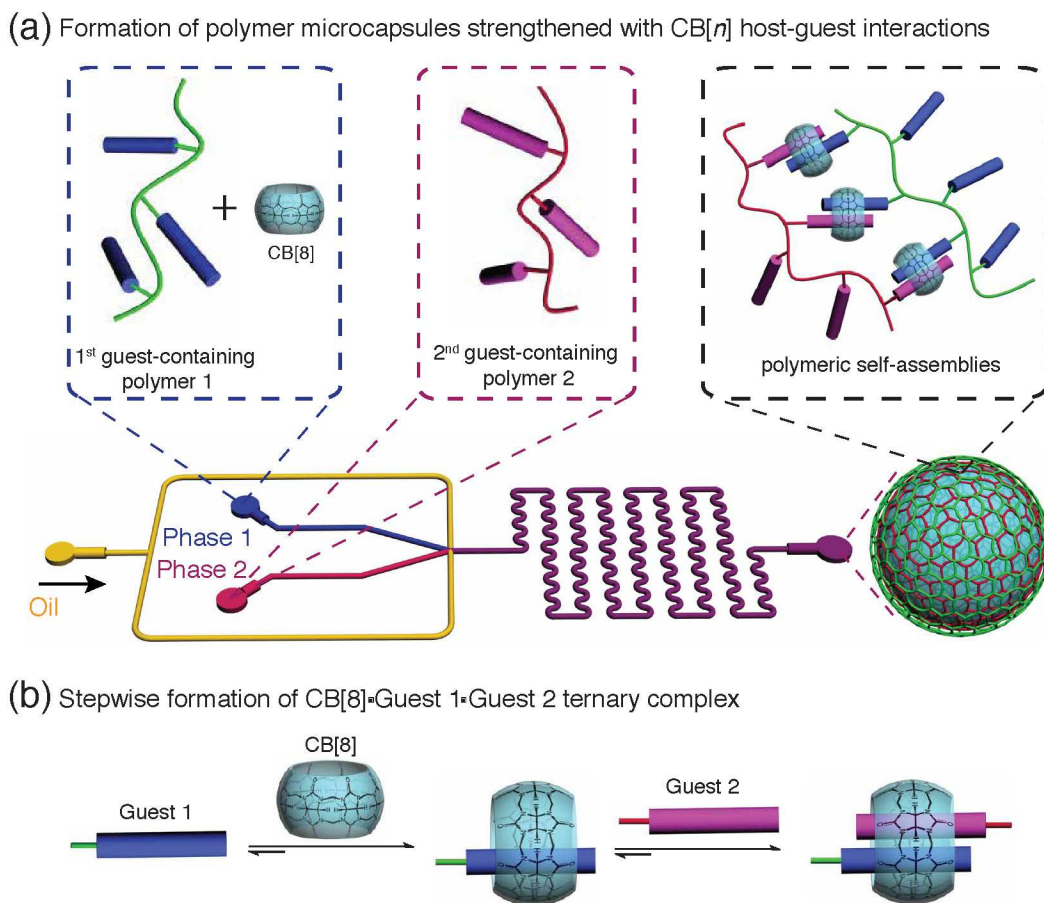
Supramolecular architectures and materials have attracted immense attention over the last decade, as they open the possibility to obtain a large variety of aesthetically pleasing structures, with myriad applications in biomedicine, energy, sensing, catalysis and biomimicry, on account of the inherent reversible and adaptive nature of supramolecular interactions. As a subset of supramolecular interactions, host-guest molecular recognition involves the formation of inclusion complexes between two or more moieties, with specific three-dimensional structures and spatial arrangements, in a highly controllable and cooperative manner. Such highly selective, strong yet dynamic interactions could be exploited as an alternative methodology for programmable and controllable engineering of supramolecular architectures and materials, exploiting reversible interactions between complementary components. Through the engineering of molecular structures, assemblies can be readily functionalized based on host-guest interactions, with desirable physicochemical characteristics.

In this account, we summarize the current state of development in the field of mono-

disperse supramolecular microcapsules, fabricated through the integration of traditional microfluidic techniques and interfacial host-guest chemistry, specifically cucurbit[n]uril (CB[n])-mediated host-guest interactions. Three different strategies: colloidal particle-driven assembly, interfacial condensation-driven assembly and electrostatic interaction-driven assembly, are classified and discussed in details, presenting the methodology involved in each microcapsule formation process. We highlight the state-of-the-art in design and control over structural complexity with desirable functionality, as well as promising applications, such as cargo delivery stemming from the assembled microcapsules. On account of its dynamic nature, the CB[n]-mediated host-guest complexation has demonstrated efficient response toward various external stimuli such as UV light, pH change, redox chemistry, and competitive guests. Herein, we also demonstrate different microcapsule modalities, which are engineered with CB[n] host-guest chemistry and also can be destroyed with the aid of external stimuli, for triggered release of payloads. In addition to the overview of recent achievements and current limitations of these microcapsules, we finally summarize several perspectives in tuneable cargo loading and triggered release, directions and challenges for this technology, as well as possible strategies for further improvement, which will lead to substantial progress of host-guest chemistry in supramolecular architectures and materials.

## 1. Introduction

The synthesis and self-assembly of polymer building blocks for the construction of functional supramolecular micro-/nano-structures are a major part of the emerging field of *Supramolecular Polymer Chemistry*.<sup>1,2</sup> The introduction of non-covalent supramolecular interactions such as hydrogen bonding, host-guest complexation or electrostatic interactions offers great opportunities to impart novel features and functions to these polymer systems.<sup>3</sup> As an example of such self-assembled architectures, microcapsules have



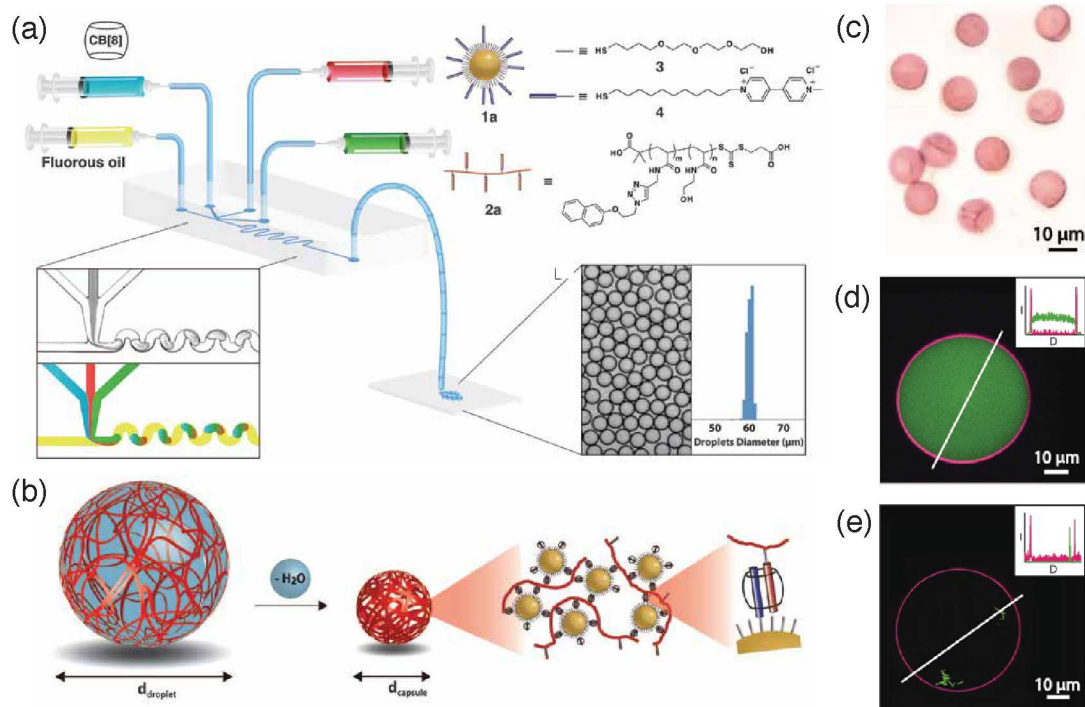
**Figure 1.** (a) Schematic illustration of supramolecular polymer microcapsules assembled at the interface of microfluidic droplets. By using a microfluidic flow-focussing device, an aqueous phase carrying CB[8] and 1<sup>st</sup> guest-containing polymer (1) intersects with another phase consisted of 2<sup>nd</sup> guest-containing polymer (2), at a flow-focussing microchannel junctions to form a periodic flow of oil-in-water microdroplets. (b) Stepwise formation of a supramolecular heteroternary complexation of CB[8] and Guest 1 (electron deficient, such as methylviologen) and then Guest 2 (electron rich, such as naphthol, azobenzene, benzyl, phenylalanine, etc.).

promising applications ranging from drug delivery, cosmetics and encapsulation, to microreactors and tissue engineering, on account of their low effective density, high specific surface area and remarkable encapsulation capability.<sup>4–6</sup> Currently, microcapsules are commonly fabricated in the presence of soft or solid templates (*e.g.* droplets, polymer colloids, silica and calcium carbonate particles). The encapsulation methods based on bulk emulsion with liquid droplets as templates are unable to control the shape, size, as well as the structure of a microcapsule. On the other hand, solid templates, with desirable morphologies, can be used to generate microcapsules by physical adsorption, sol-gel chemistry or layer-by-layer (LbL) techniques, followed by template removal *via* calcination or chemical etching.<sup>5</sup> Despite the uniform size achieved, these approaches typically involve multi-step processes, requiring careful examination of the experimental conditions in each step. Moreover, the presence of a template might significantly limit the loading capacity of the resulting microcapsules based on these post-loading strategies.<sup>7</sup> Thus, in order to expand the applicability of such microcapsules, development of facile and effective fabrication and encapsulation pathways are needed.

Since some of the earliest microcapsules produced from microfluidics were reported by Weitz and co-workers,<sup>9</sup> intensive studies have enabled the rapid development of microdroplet techniques for the fabrication of monodisperse

capsules on the microscale.<sup>4,5,10</sup> In these cases, encapsulation is generally achieved by the formation of single or double microdroplet emulsions, containing synthetic polymers, biopolymers, lipids or amphiphiles, followed by shell solidification as a result of solvent evaporation, polymerisation or dewetting. Microfluidic techniques have been demonstrated to overcome challenges inherent to sacrificial template strategies, such as multiple synthesis steps and limited encapsulation efficiency.<sup>11</sup> Periodic shear of the stream can be induced by flow-focusing with an immiscible sheath fluid, giving rise to uniform microdroplets composed of precursor solutions. Microcapsule skins are generated upon subsequent solidification at the microdroplet interface.<sup>12</sup> The reliance on covalent crosslinking to give a stable microcapsule structure could, in some circumstances, impede on-demand cargo release *via* structural destruction.<sup>13,14</sup> Introduction of non-covalent interactions, such as supramolecular host-guest complexation and hydrophobic interactions, can impart flexibility to control both assembly and disassembly of the microcapsule motifs.<sup>15</sup> On account of the dynamic binding and feasibility for building highly-organised mesostructures, microcapsules that are engineered with supramolecular interactions are adaptive, dynamic and self-repairing.<sup>16</sup> Since adaptive dynamics are crucial in biological systems as well for artificial biomimetic systems,<sup>17,18</sup> such features enable the microcapsules to be exploited in numerous biomedical





**Figure 2.** Schematic representation of (a) the microdroplet generation process using a microfluidic device; and (b) the microcapsule formation process from the initial droplet stage to the dehydrated stable capsules, where gold nanoparticles serve to direct the supramolecular self-assembly at the water/oil interface. (c) Brightfield micrographs of the isolated microcapsules. Laser scanning confocal microscope images of the microcapsules containing (d) FITC-dextran; and (e) *Escherichia coli* cells, respectively. The insets in (d) and (e) display the corresponding fluorescence intensity profiles (I = intensity; D = distance). Adapted with permission from ref.<sup>8</sup> Copyright 2012 AAAS.

applications, including drug delivery, biomedical diagnostics, living-cell-integrated assays, construction of artificial organelles and regenerative biomedicines.<sup>19</sup>

## 2. Cucurbit[n]uril-mediated host-guest chemistry in microdroplets

A supramolecular host-guest inclusion complex, formed *via* molecular recognition, involves non-covalent interactions between a receptor (host molecule) and a guest molecule.<sup>20,21</sup> The host molecules usually possess a hydrophobic or hydrophilic cavity, which can accommodate guest molecules, such as organic compounds, metal ions, nanoparticles and biomacromolecules.<sup>16</sup> Cucurbit[n]urils (CB[n],  $n = 5 - 8, 10$ ) are a class of aqueous soluble macrocyclic hosts with a rigid hydrophobic cavity and two identical carbonyl-fringed portals.<sup>16,22,23</sup> As stimuli-responsive properties can be inherited from both the building units and host-guest recognition motifs, this self-assembly strategy enriches the corresponding supramolecular integrities with a broad range of responsiveness and features.<sup>17</sup> Similar to other macrocyclic analogues, such as cyclodextrins<sup>20</sup> and pillar[n]arenes,<sup>21</sup> the utility of CB[n] host-guest conjugation in various supramolecular architectures and functional materials has been widely investigated. However, as for the microcapsule motifs, very limited work has been reported in the past few years. Thus far, through the combination of CB[n] host-guest interactions and microfluidic techniques, microcapsules could be formed by colloidal particle-driven assembly, interfacial condensation-driven assembly or electrostatic interaction-driven assembly, as discussed in the following sections.

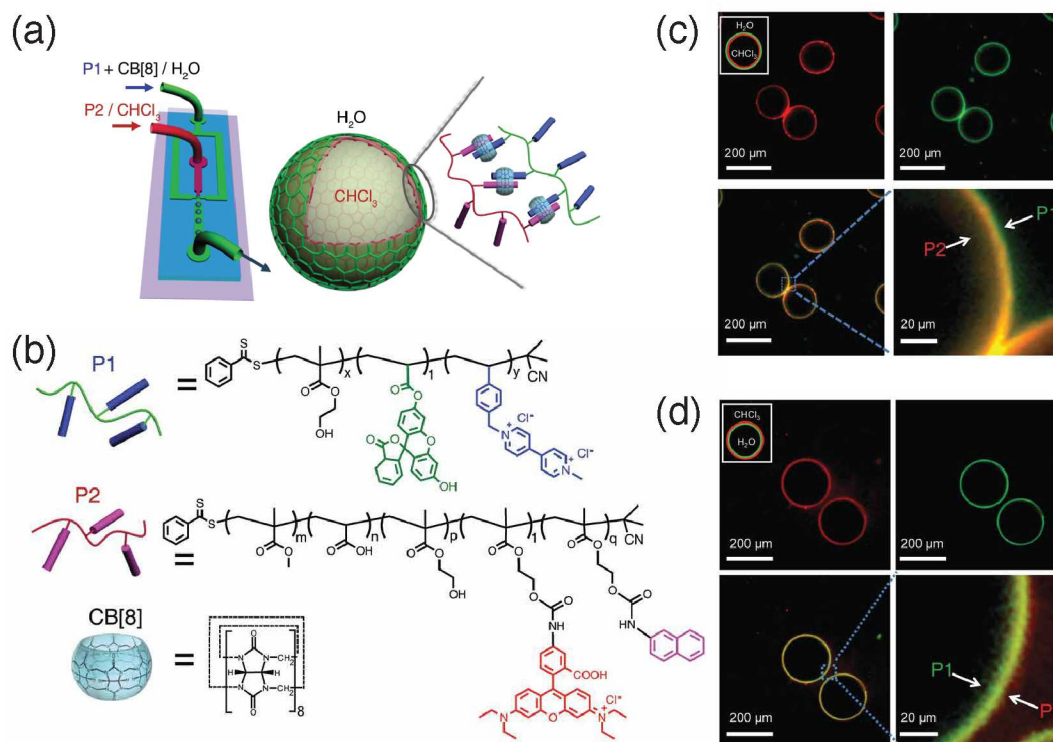
### 2.1 Colloidal particles-driven assembly of micro-

### capsules

In a Pickering emulsion, colloidal particles tend to localize at the interface between immiscible liquids, such as the water/oil interface, in order to minimize the interfacial energy of immiscible phases. Despite this phenomena being discovered more than a century ago, the effect has only been exploited in the last decade for the fabrication of stable microcapsules from nano- or micro- particles.<sup>25</sup> By integrating Pickering emulsions and CB[8] supramolecular host-guest chemistry, Zhang *et al.*<sup>8</sup> reported a new class of supramolecular microcapsules fabricated in a single step using a microdroplet-based microfluidic platform. Microdroplets were first generated in a microfluidic device using a simple T-junction geometry (Figure 2a). The oil carrier phase was directed perpendicular to the aqueous dispersion phase, consisting of three inlets for aqueous solutions of CB[8], gold nanoparticles functionalized with methylviologen (MV<sup>2+</sup>) moieties (1a) and a naphthol-functionalized copolymer (2a). The gold nanoparticles directed the supramolecular self-assembly to the water/oil interface, pulling with them the complementary polymers for complexation, leading to the formation of a microcapsule shell (Figure 2b). Individual microcapsules were readily isolated after evaporation of the water droplet, and shown to retain a spherical geometry upon subsequent rehydration (Figure 2c). During microcapsule formation, cargo loading (fluorescein isothiocyanate-dextran, FITC-dextran, or *Escherichia coli* cells) could be readily accessed in the same step with a high yield (Figure 2d and Figure 2e).

This work represents a facile protocol for direct construction of microcapsules, combining the advantages of Pickering emulsion and supramolecular host-guest chemistry. The





**Figure 3.** (a) Schematic representation of the microdroplet generation process using a microfluidic flow-focusing device and (b) chemical structures of CB[8] host molecule, methylviologen (1<sup>st</sup> guest)-containing polymer **P1**, and naphthol (2<sup>nd</sup> guest)-containing polymer **P2**; (c) fluorescence micrographs of the monodisperse chloroform-*in*-water microdroplets, demonstrating the interfacial assembly of **P2** (rhodamine tagged, red) within the droplet and **P1** (fluorescein tagged, green) present in the external media. (d) Fluorescence micrographs of the inverted water-*in*-chloroform microdroplets, illustrating reversal of **P1** and **P2** at the droplet interface. Adapted with permission from ref.<sup>24</sup> Copyright 2014 Nature Publishing Group.

ability to form a colloidal microcapsule is dictated by the ability of colloidal particles to self-assemble at the interface. Such simultaneous encapsulation of both the colloidal components and molecular cargo or living cells during microcapsule generation ensured both high reproducibility and loading efficiency. Further exploitation based on this Pickering emulsion strategy includes employing MV<sup>2+</sup>-functionalized polystyrene colloids, in order to avoid reliance on metallic nanoparticles while increasing the mechanical strength and stability of the microcapsules, leading to prolonged cargo retention within the microcapsules.<sup>26,27</sup>

## 2.2 Interfacial condensation-driven assembly of microcapsules

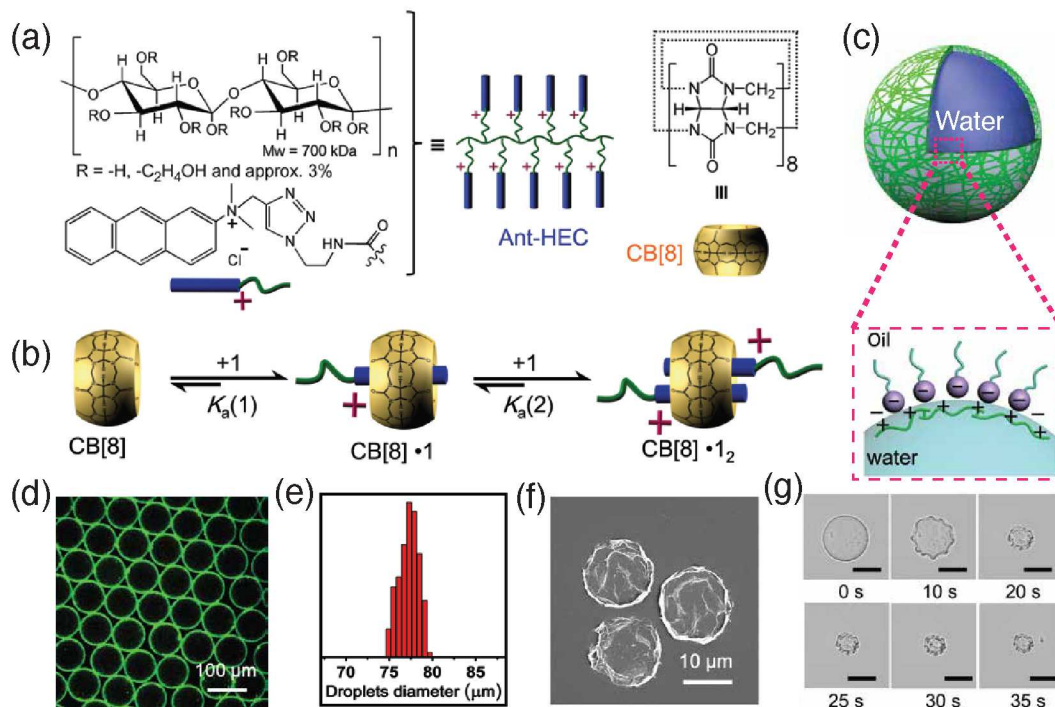
Inspired by interfacial reaction, microcapsules have been fabricated by condensation across the interface of the microfluidic droplets, involving interfacial polymerization and interfacial molecular crosslinks.<sup>28,29</sup> Zheng and Yu *et al.*<sup>24</sup> reported the formation of supramolecular microcapsules *via* the self-assembly of two polymers bearing different guest moieties at the interface of aqueous droplets in chloroform, exploiting such an interfacial condensation strategy within microdroplets (Figure 3). In this case, guest-containing polymers in two incompatible phases were assembled and disassembled at the microdroplet interface, mediated by non-covalent interactions (Figure 3a). Specifically, MV<sup>2+</sup> (1<sup>st</sup> guest)-containing hydrophilic poly(HEMA-*co*-StMV) (**P1**) in water and naphthol (2<sup>nd</sup> guest)-containing hydrophobic poly(MMA-*co*-AA-*co*-HEMA-*co*-HEMANP) (**P2**) in chloroform were brought

together at the water / chloroform interface of a microfluidic droplet, leading to the formation of a supramolecular polymeric skin, and subsequently robust polymer microcapsules (Figure 3c and Figure 3d). Both water-soluble and oil-soluble polymers can be used for the skins of the microcapsules, using either oil-*in*-water or water-*in*-oil microdroplets as templates. As a result, this allows for sophisticated control over the hierarchical structures, properties and functions of the as-formed microcapsules, such as segregated domains, skin thickness, permeability and an expanded toolset for triggered release.

## 2.3 Electrostatic interaction-driven assembly of microcapsules

A powerful alternative approach for the assembly of microcapsule relies on electrostatic interactions to direct the accumulation of the structural components at the microdroplet interface.<sup>31–33</sup> For electrostatic self-assembly, charged components are selectively partitioned at the microdroplet interface by a complementary charged surfactant. The shell thickness and integrity of the microcapsules produced in a single step can be sufficient to offer robustness and improved stability as cargo carriers.

Side-group functionalization of hydroxyethyl cellulose (HEC) with anthracene moieties enables dynamic crosslinking through a 2:1 homo-ternary complexation with CB[8] molecules (Figure 4).<sup>30</sup> The electrostatic attractions at the droplet interface between positively-charged anthracene-functionalized HEC and carboxylate head groups on the surfactants, lead to accumulation of polymer components at the



**Figure 4.** (a) Anthracene-functionalized hydroxyethyl cellulose and CB[8]; and (b) schematic representation of the formation of homoternary complexes by accommodating two anthracene moieties in the cavity of CB[8]. (c) Schematic representation of the microcapsules generation using a charged surfactant within the carrier phase of oil, while where CB[8] and anthracene functionalized HEC are dispersed in water phase. (d) Laser-scanning confocal fluorescence image of microdroplets, confirming that anthracene moieties in CB[8] are localised at the microdroplet interface; (e) normalized distribution of microdroplet diameters, exhibiting a narrow size distribution (coefficient of variation 1.5%); and (f) Scanning Electron Microscopy (SEM) image of dried microcapsules. (g) Brightfield micrographs of the microcapsule drying process, resulting in a collapsed structure (scale bars: 20 μm). Adapted with permission from ref.<sup>30</sup> Copyright 2015 The Royal Society of Chemistry.

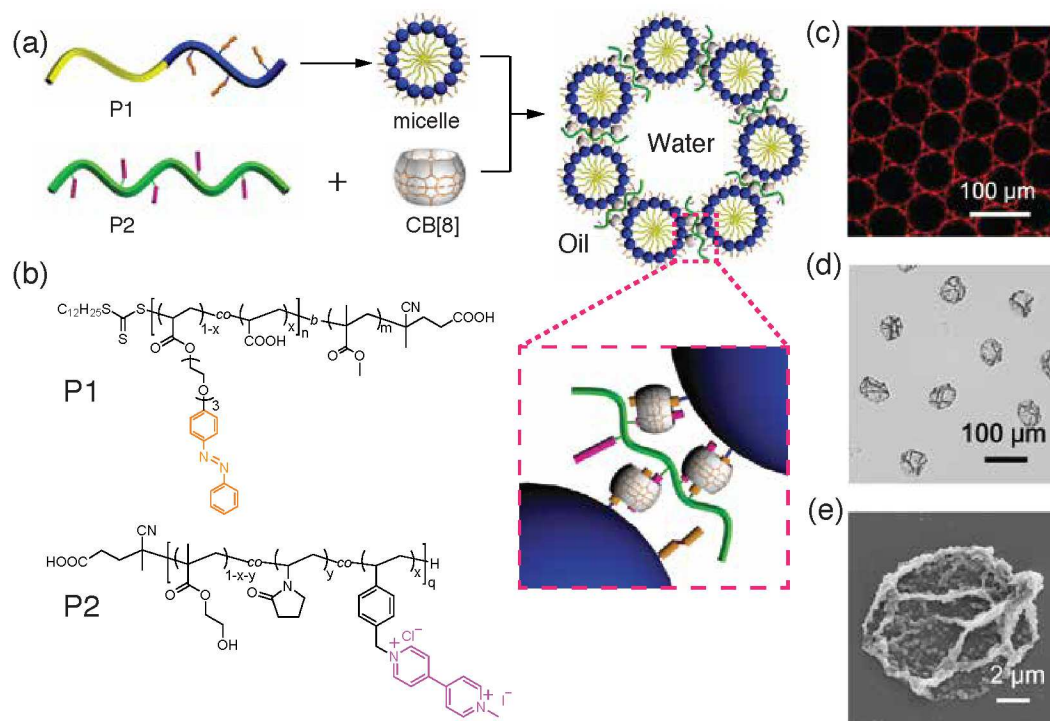
interface (Figure 4d). The 2:1 host-guest complexation of anthracene with CB[8] complexation ultimately results in the formation of a supramolecular hydrogel skins (Figure 4g). Even though the biocompatibility of such anthracene-functionalized HEC-based microcapsules has not been reported, nevertheless, some investigation into the cytotoxicity of CB[n]-based assemblies has been carried out. In the CB[n]-based colloidal assemblies, cytotoxicity of the MV<sup>2+</sup>-containing colloids was substantially inhibited, upon formation of heteroternary complexes containing MV<sup>2+</sup>, naphthol and CB[8].<sup>35</sup> Similar findings were also reported by Rotello and co-workers.<sup>36</sup> Thus, we might speculate that an anthracene-functionalized HEC system might also exhibit high biocompatibility, which can be exploited in further studies.

Yu *et al.*<sup>34</sup> further developed a hierarchical capsule assembly process, in which self-assembled micelles from amphiphilic block copolymers were immobilized at the interface of microfluidic droplets *via* electrostatic and CB[8] host-guest interactions, leading to multi-compartmentalized microcapsules (Figure 5). The first step of supramolecular assembly involved micellization of an amphiphilic poly(methyl methacrylate)-*block*-poly(acrylic acid) copolymer containing pendant azobenzene moieties in the hydrophilic block (P1, Figure 5a). The presence of azobenzene moieties in the corona of the micelles facilitated complexation *via* CB[8] to MV<sup>2+</sup> moieties pendant from poly(*N*-vinylpyrrolidone)-*co*-poly(hydroxyethyl methacrylate)-*co*-poly(MV<sup>2+</sup>-styrene) (P2), resulting in the formation of a dynamically-crosslinked polymer skin. The microdroplets exhibited a low poly-

dispersity and the presence of red fluorescence within the shell of microcapsules confirmed the exclusive localization of Nile red-loaded micelles at the water/oil interface (Figure 5c). Evaporation of water from the capsules resulted in the collapse and distortion of the flexible polymer shell (Figure 5d). SEM images showed the skin of the microcapsule consisting of a composite network structure of the micelles embedded within the polymer matrix (Figure 5e). This architecture draws parallels between biomimetic systems for artificial organelles and multi-compartmental micro-reactors with partitioned channels.

Parker *et al.*<sup>33</sup> exploited electrostatic interactions between charged supramolecular polymer complexes in microdroplets and charged surfactants around the microdroplets to selectively assemble capsule-forming components at the interface, dynamically crosslinked *via* CB[8] host-guest interactions. The supramolecular microcapsules are formed by the electrostatic interactions with a complementarily-charged surfactant at the water / oil interface, which results from initial accumulation of the charged building blocks as a thin and diffusive layer at the interface. Once the microcapsule formation is subjected to water evaporation, the interfacial polymer layer dynamically flows and reorganizes to decrease the microdroplet surface area, however, it remains confined to the water / oil interface on account of the supramolecular CB[8] crosslinking. At a critical point this layer undergoes a phase change, resulting in a supramolecular polymer film that buckles and collapses upon further evaporation. As an extension of this electrostatic approach, the location of orthogonally-charged copolymers can also be independently





**Figure 5.** (a) Schematic representation of hierarchical assembly of supramolecular microcapsules from amphiphilic blocks copolymers; and (b) chemical structures of polymer **P1** and polymer **P2**. (c) Fluorescence micrographs of microdroplets, illustrating the assembly of Nile red-loaded **P1** micelles at the droplet interface. (d) Brightfield micrograph and (e) SEM image of dried microcapsules. Adapted with permission from ref.<sup>34</sup> Copyright 2016 American Chemical Society.

manipulated within a microdroplet, allowing for selective assembly at the interface. The controllable assembly offers the advantage to explore the formation of capsules-*in*-capsules and opens the prospect of carrying diverse cargoes for sequential release. Moreover, the electrostatically-directed assembly of small molecules to the interface of an aqueous microdroplet has also been recently demonstrated by Groombridge *et al.*, whereby accumulation and subsequent crosslinking *via* CB[8] led to the formation of an interfacial supramolecular gel.<sup>37</sup>

To better understand the formation of CB[8]-mediated supramolecular skins surrounding liquid droplets, Salmon *et al.*<sup>38</sup> proposed a formation mechanism that can account for a phase transition upon interfacial compression. The compression-induced phase change causes the onset of buckling at the microdroplet interface. Upon water evaporation in microdroplets, the interfacial film increases in both thickness and density, until it reaches a critical density and the “buckling transition” happens. This phase change is a gelation process, which relies on a sufficient cross-link density, thus, the microcapsule properties can be controlled by tuning the compressive phase changes.

### 3. Cargo encapsulation and triggered release

Development of microcapsules for cargo delivery and release is of utmost importance for applications in the pharmaceutical, agriculture, food and the cosmetic industry.<sup>4-6,39,40</sup> While a number of reports have demonstrated that the microfluidic strategy offers a high-throughput method for microcapsule fabrication, the microdroplet-based supramolecular self-assembly approach we introduced provides a platform that guarantees an extremely high encapsulation ef-

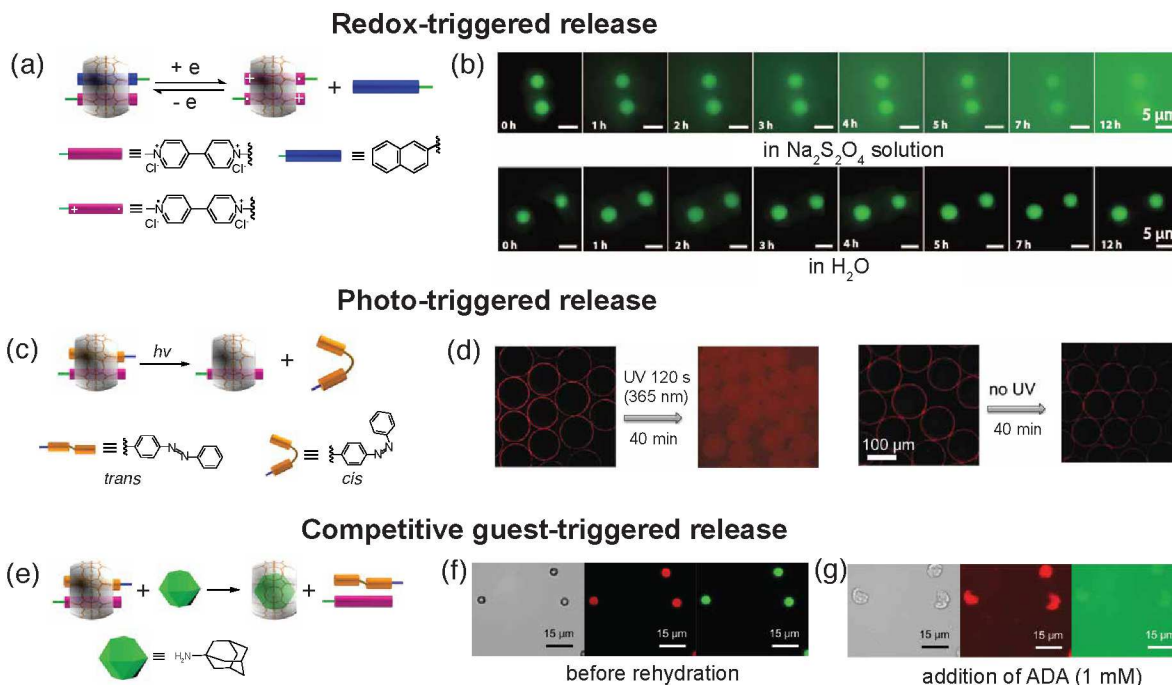
ficiency under mild conditions and in a single step.<sup>4,5,41</sup> For microcapsule systems with permanent crosslinking, release of the payload can only be achieved through a diffusion mechanism, swelling and/or degradation of the shell.<sup>42</sup> Fortunately, the introduction of supramolecular crosslinking motifs not only strengthens the shell stability, but also bestows the polymer shell with extra benefits including dynamic adaptability, and thus tuneable release kinetics.

#### 3.1 Controlled release of cargoes

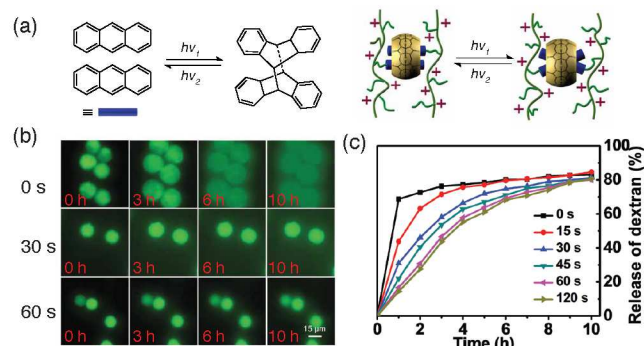
In comparison to conventional disruptive conditions (pressure or shear stress) or molecular diffusion, supramolecular CB[*n*] host-guest interactions make possible a number of elegant routes to enable triggered release of the cargoes. In addition to manipulation of the initial degree of crosslinking, partial or complete dissociation of CB[*n*] host-guest interaction can be activated by the addition of a reducing agent,<sup>8</sup> competitive guest,<sup>43</sup> or by remote photo-irradiation,<sup>24</sup> subsequently leading to swelling of the microcapsule shell and increased pore sizes, enabling release of the cargo.

In a microcapsule system comprised of CB[8]-mediated host-guest crosslinking between MV<sup>2+</sup> and azobenzene moieties,<sup>24</sup> the addition of a reducing agent, sodium dithionite, can induce the reduction of MV<sup>2+</sup> to MV<sup>•+</sup>, causing the dissociation of heteroternary complexes (**Figure 6a**), activating the release of FITC-dextran cargo (**Figure 6b**). Alternatively, the use of azobenzene moieties imparts the microcapsules with photo-responsiveness.<sup>44</sup> Photo-isomerization of azobenzene units prompts the dissociation of existing heteroternary complexes (**Figure 6c**), leading to a remote light-triggered release in the supramolecular assembly (**Figure 6d**). A simple addition of a competitive guest with a higher affinity for CB[8] molecules is another straight-





**Figure 6.** (a) Schematic representation of preferential formation of the ternary complexation of two  $MV^{+\bullet}$  with CB[8] over the  $CB[8] \cdot MV^{2+} \cdot naphthol$  complexes in the presence of a reducing agent. (b) Fluorescence micrographs of the disintegration process of the microcapsule wall material in  $Na_2S_2O_4$  solution or  $H_2O$  over 12 hours. (c) Ultraviolet light-driven photo-isomerization of azobenzene moiety can be used to disassemble the heteroternary supramolecular complexes between  $MV^{2+}$ , azobenzene and CB[8], resulting in the release of the entrapped cargo from the microcapsules. (d) Fluorescence micrographs of the release of the molecular cargo from microcapsules with and without initial ultraviolet irradiation. (e) Schematic disassembly of the ternary complexes of MV, azobenzene and CB[8], in the presence of competitive guest, 1-adamantylamine. Optical and fluorescent micrographs of dual cargo-loaded (Nile Red and 500 kDa FITC-dextran) microcapsules (f) before and (g) after hydration for 3 min in 1-adamantylamine solution (1 mM). Adapted with permission from ref.<sup>24</sup> Copyright 2014 Nature Publishing Group.



**Figure 7.** (a) Schematic representation of the [4 + 4]-photodimerisation of anthracene derivatives in the CB[8] cavity. (b) Fluorescent micrographs of the release of FITC-dextran from microcapsules as a function of UV irradiation time in water over 12 hours. (c) FITC-dextran release profiles from the microcapsules as a function of the UV irradiation time. Adapted with permission from ref.<sup>30</sup> Copyright 2015 The Royal Society of Chemistry.

forward route to trigger cargo release. 1-Adamantylamine, a commonly-used competitive guest ( $K_a$  of  $10^{13} \text{ M}^{-1}$ ),<sup>16</sup> was employed to competitively disassemble the heteroternary complexes (Figure 6e) and trigger cargo release (Figure 6f and 6g).

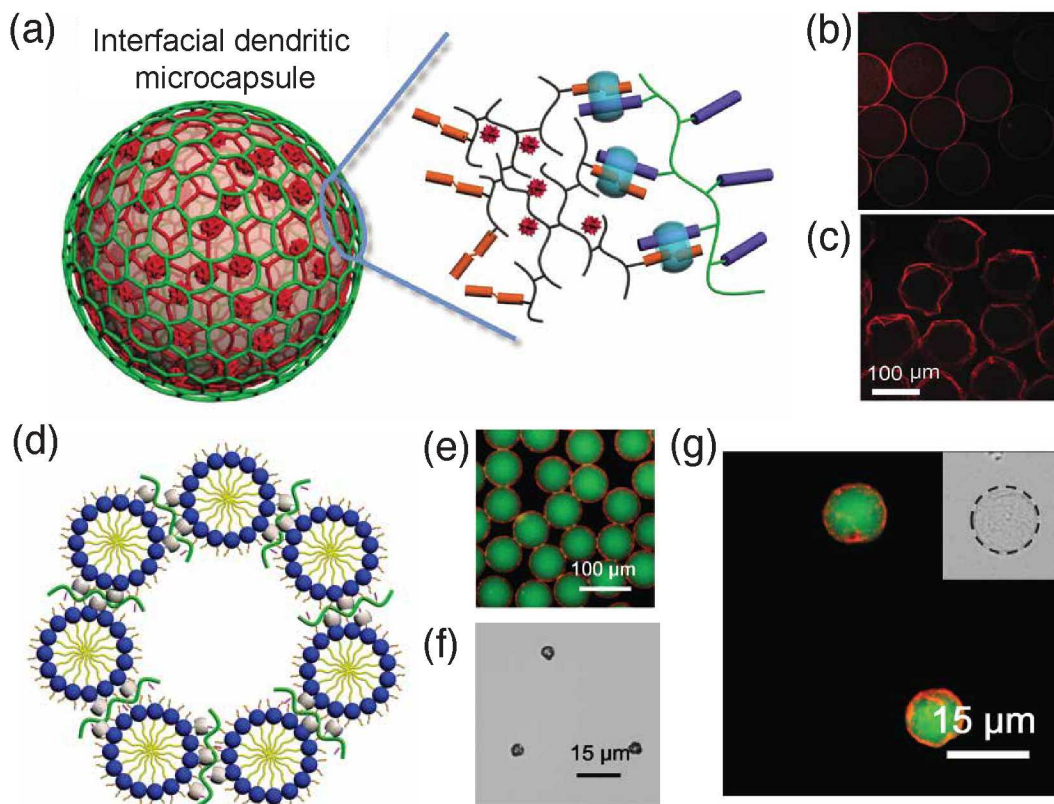
### 3.2 Improved cargo loading stability

An ideal cargo delivery system would be expected to encapsulate a large amount of payload, without premature

release during storage and transportation. Subsequently, triggered release of the cargo should be readily achieved in a controlled manner upon application of a stimulus.<sup>40</sup> Incorporation of covalent crosslinking, derived from  $CB[n]$  host-guest complexation, can increase encapsulation stability. It has been reported that the photo-induced [4 + 4] dimerization of anthracene derivatives facilitated by CB[8] host molecules at 350 nm was 10 times faster than that of free anthracene molecules in solution, ascribed to the parallel alignment of two anthracene moieties within the CB[8] cavity (Figure 7a).<sup>45</sup> In the case of microcapsules comprising of anthracene-functionalized HEC polymers, a photo-induced dimerization of anthracene moieties can convert non-covalent crosslinks to covalent crosslinks.<sup>30</sup> An improved encapsulation stability in the microcapsules was detected post UV-irradiation, demonstrating a retarded release of FITC-dextran (250 kDa) compared to the control in the absence of any UV irradiation (Figure 7b). Extending the UV irradiation further slows the release kinetics because of a higher degree of dimerization/crosslinking up to 120-s irradiation, when complete covalent crosslinking was achieved (Figure 7c). This approach demonstrates the potential of post-treatment modification to enhance supramolecular microcapsules to a specific release profile.

### 3.3 Dual cargo loading and orthogonal delivery

Inspired by precisely-organized complex structures in Nature, chemists and in particular supramolecular chemists, have attempted to mimic biological structures and produce artificially-compartmentalized assemblies, following a simple



**Figure 8.** (a) Schematic representation of an interfacial dendritic microcapsule prepared using a dendritic copolymer as one of the building blocks, and the preferential localization of hydrophobic oil-soluble Congo Red (red luminance) within a dendritic microcapsule shell before (b) and after (c) dehydration. (d) Schematic illustration of a supramolecular microcapsules assembled from micelles of an amphiphilic blocks copolymer; (e) fluorescence micrographs of monodisperse microcapsules containing both water-soluble FITC-dextran cargo (500 kDa, green) in the core and the hydrophobic Nile Red dye (red) in the microcapsule shell; (f) brightfield micrographs of dehydrated microcapsules; and (g) fluorescent micrograph of microcapsules after rehydration, confirming that partitioning of cargo was retained during after the dehydration/rehydration processes. Adapted with permission from ref.<sup>24</sup> Copyright 2014 Nature Publishing Group, and ref.<sup>34</sup> Copyright 2016 American Chemical Society.

prokaryotic model or even eukaryotic level of greater sophistication.<sup>46,47</sup> The introduction of a specific molecular recognition motif in the complementary microcapsule wall, mimicking a biofunctional membrane, might allow for selective permeation among segregated domains.

Double-, triple-, and multiple-emulsion microfluidic droplets have been developed, such as microcapsule-*in*-microcapsule architectures, for selective encapsulation of different cargoes.<sup>48,49</sup> The encapsulation process of such nested microdroplets requires complicated microfluidic devices, which involve multi-stage sequential emulsion generation and precise control over the wettability of each droplet.<sup>50</sup> In contrast, a dendritic copolymer is able to entrap a hydrophilic small molecule, such as Congo red, on account of its unique three-dimensional nanoscale structure (Figure 8a). By using dendritic polymers as the construction blocks for the microcapsules, Zheng and Yu *et al.* reported the exclusive localization of Congo red within the microcapsule shell, in the hydrated (Figure 8b) or dehydrated states (Figure 8c).<sup>24</sup> In the micelle-based microcapsules, segregated domains are generated within the microcapsule core and micellar shell. This multi-compartmental hierarchy enabled simultaneous encapsulation of both non-water soluble (Nile red, in the micelle) and water-soluble (FITC-dextran, green, in the capsule core) cargoes (Figure 8d-8g).<sup>34</sup> This system benefits from dynamic host-guest interactions, which are able to synergistically deliver cargoes with triggered re-

lease behaviors through photo-controlled porosity.

#### 4. Challenges, concluding remarks and future directions

This account briefly summarizes recent advancements in mono-disperse microcapsules and microcapsule-based materials, fabricated by the integrating of microfluidics and CB[n] supramolecular host-guest chemistry. These microcapsules are attractive for fundamental studies of supramolecular polymer shell mechanics, leading to the engineering of sophisticated hierarchical structures and materials and their applications such as cargo delivery. Additionally, dynamic host-guest interactions bestow microcapsules with intrinsic reversibility and adaptability, thus dynamic assembly/disassembly activated by diverse external stimuli and stimuli-triggered release of payloads.

One limitation of this microfluidic technique is that it produces capsules that are tens to hundreds of micrometers in diameter. Therefore, a big challenge remains in using standard microfluidic devices for certain applications, which require exceptionally small dimensions down to the nanoscale. Capillaries with small orifices and manipulation of high pressure under extremely slow flow rates have been demonstrated to reduce the size of the capsules to nanoscale.<sup>51</sup> Nevertheless, routine preparation of nanoscale



capsules requires future investigation, device design, and process optimization. An important direction for future work will be expanding the range of stimuli, which can be incorporated in microcapsule formulations, featuring quantitative functions and responses that can be activated in these dynamic assemblies in a well-controlled manner. A future challenge is to develop a monitoring strategy, which not only controls the microcapsule integrity, but also tracks *in situ* the cargoes delivery. Further *in vitro* and *in vivo* studies will be indispensable before CB[n]-based microcapsules are used for any biomedical applications, as most current studies focus on the methodology of microcapsule construction and state-of-art techniques to trigger the structural destruction with internal or external stimuli, thus release of the cargoes. Addressing these issues will benefit the design and fabrication of next-generation supramolecular hierarchical structures and functional materials.

### Biography

**Ji Liu** obtained his PhD in 2013 under the co-supervision of Prof. Christine Jerome at the University of Liege and Prof. Etienne Duguet at the University of Bordeaux. He joined the group of Prof. Oren Scherman at the University of Cambridge as a postdoctoral research associate in 2014 and then as a Marie Curie research fellow since 2015. His current research is mainly focused on cucurbit[n]uril-based supramolecular host-guest interactions for polymeric self-assembly, supramolecular transient networks and dynamic interfacial adhesion.

**Yang Lan** completed his PhD at the University of Cambridge in 2014 under the supervision of Prof. Oren Scherman. He continued as a joint postdoctoral research associate with Prof. Oren Scherman and Dr. Erika Eiser in the Cavendish Laboratory. His current research is centred on colloidal self-assemblies with the assistance of cucurbit[n]uril host-guest chemistry.

**Ziyi Yu** received his PhD at the Nanjing University of Technology in 2012 under the supervision of Prof. Su Chen, and then joined Prof. Chris Abell's group at the University of Cambridge as a postdoctoral research associate. His research interest is on developing droplet-based microfluidics in cucurbit[n]uril-based supramolecular assemblies, colloidal structures and single-cell analysis.

**Cindy S. Y. Tan** obtained her PhD at the University of Cambridge in 2016, under the supervision of Prof. Oren Scherman. Her research focuses on supramolecular polymer networks based on cucurbit[n]uril host-guest interactions. She is currently a Senior Lecturer at Universiti Teknologi MARA in Malaysia.

**Richard Parker** graduated with PhD in chemistry from the University of Southampton in 2011. He is currently a postdoctoral research associate at the University of Cambridge, where he utilizes self-assembly within microfluidic droplets to prepare novel material architectures, with interests ranging from supramolecular microcapsules and gels to bio-inspired photonics.

**Chris Abell** is the Pro-Vice-Chancellor for Research and the Professor of Biological Chemistry at the University of Cambridge. He was elected into the Academy of Medical Sciences in 2012 and a Fellow of the Royal Society in 2016. His research focus is on using fragment-based methods in drug discovery and chemical biology. In 1999, he co-founded Astex, which grew to become the world-leading company

in fragment-based drug discovery. He also has research interests in developing microdroplets as a novel experimental platform, which led to the co-founding of Sphere Fluidics (2010) and Aqdot (2013).

**Oren Scherman** is the Director of the Melville Laboratory for Polymer Synthesis in the Department of Chemistry at the University of Cambridge and Professor of Supramolecular and Polymer Chemistry. His current research projects include the application of macrocyclic host-guest chemistry using cucurbit[n]urils in the development of novel supramolecular hydrogels and microcapsules, drug-delivery systems based on dynamic hydrogels, the conservation and restoration of important historical artefacts through the exploitation of supramolecular polymer chemistry and sensing and catalysis using self-assembled nanophotonic systems.

### Acknowledgement

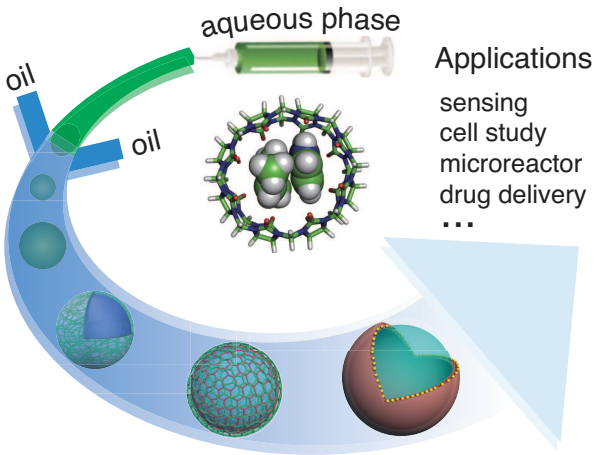
J. L. is financially supported by the Marie Curie FP7 SASSYPOL ITN (607602) programme. C.S.Y.T. thanks the Ministry of Education of Malaysia and Universiti Teknologi MARA for their financial support. Z.Y. and C.A. were in receipt of funding from BBSRC sLoLa award reference BB/L002957/1, EPSRC and Institutional Sponsorship 2012-University of Cambridge EP/K503496/1 and the Translational Grant EP/H046593/1. O.A.S thanks the EPSRC (EP/F0355351 and EP/G060649/1) and the ERC (ASPiRe, 240629) for their funding.

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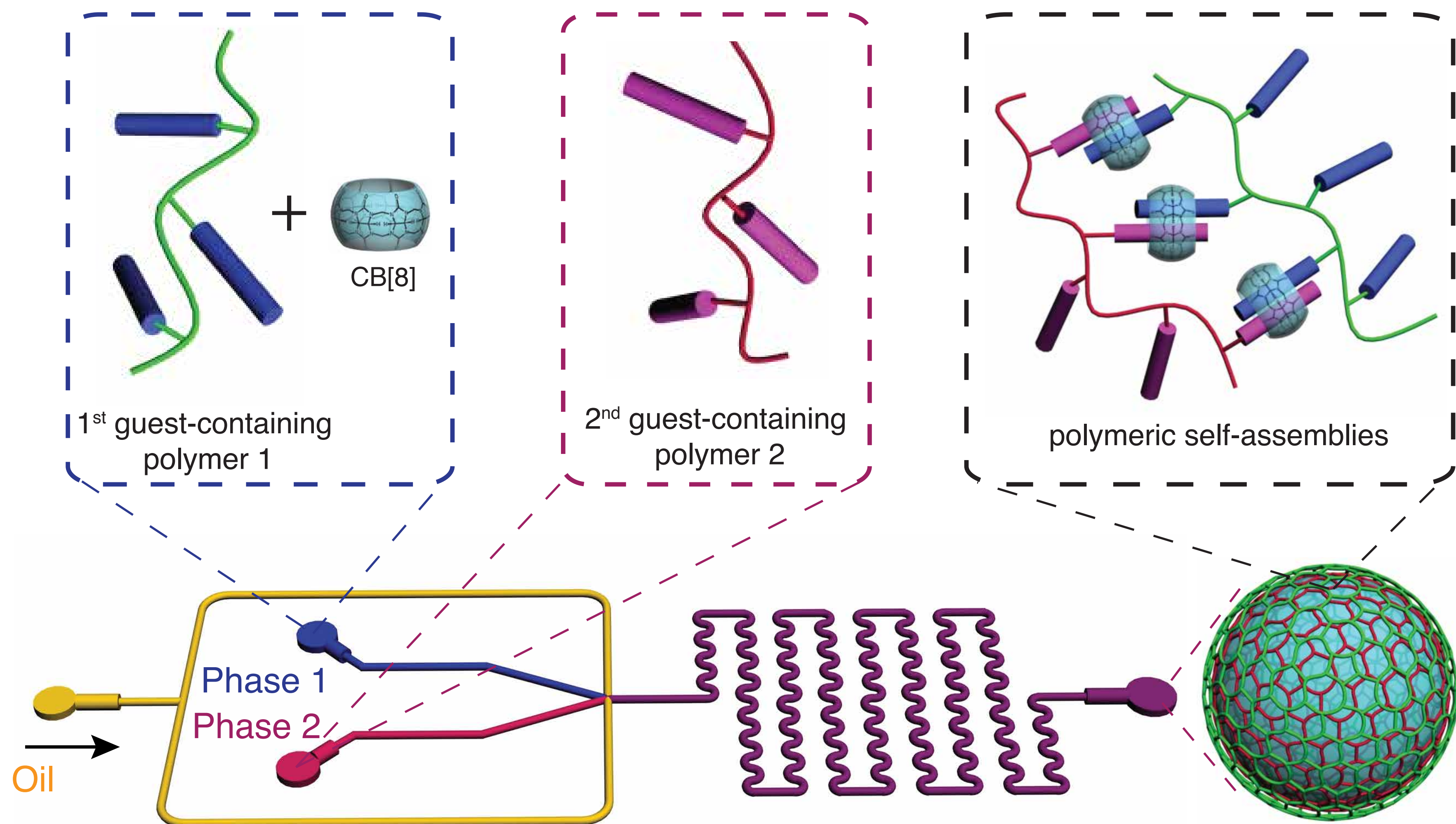
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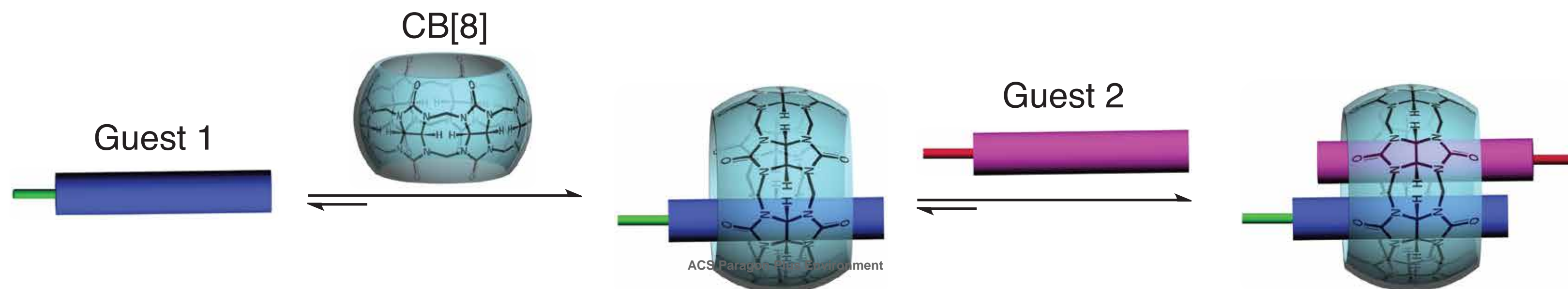
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# (a) Formation of polymer microcapsules strengthened with CB[n] host-guest interactions

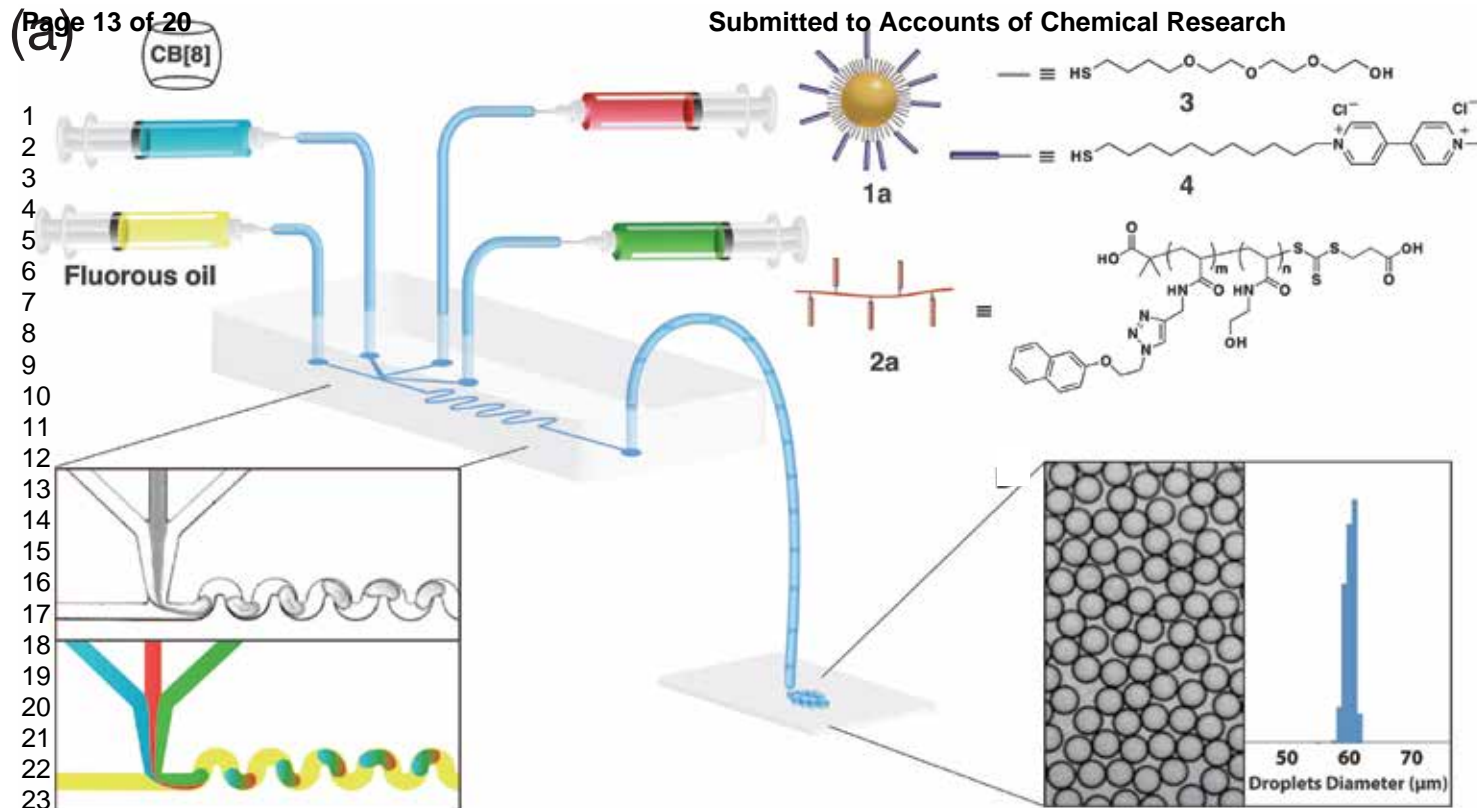


## (b) Stepwise formation of CB[8]•Guest 1•Guest 2 ternary complex

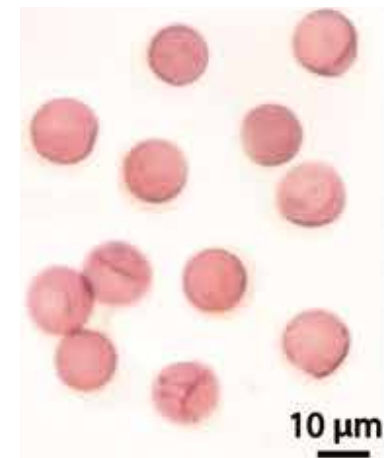




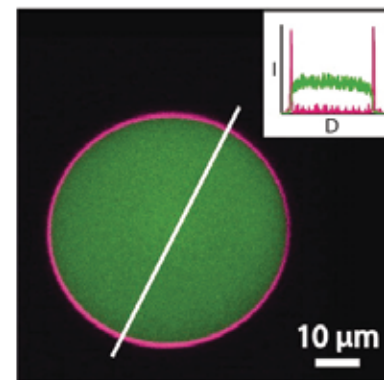
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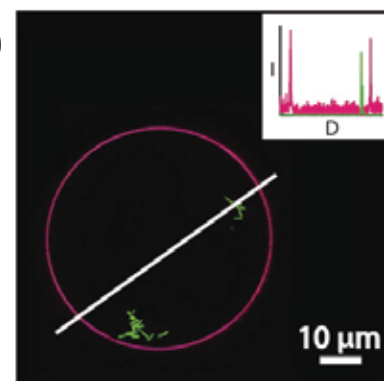
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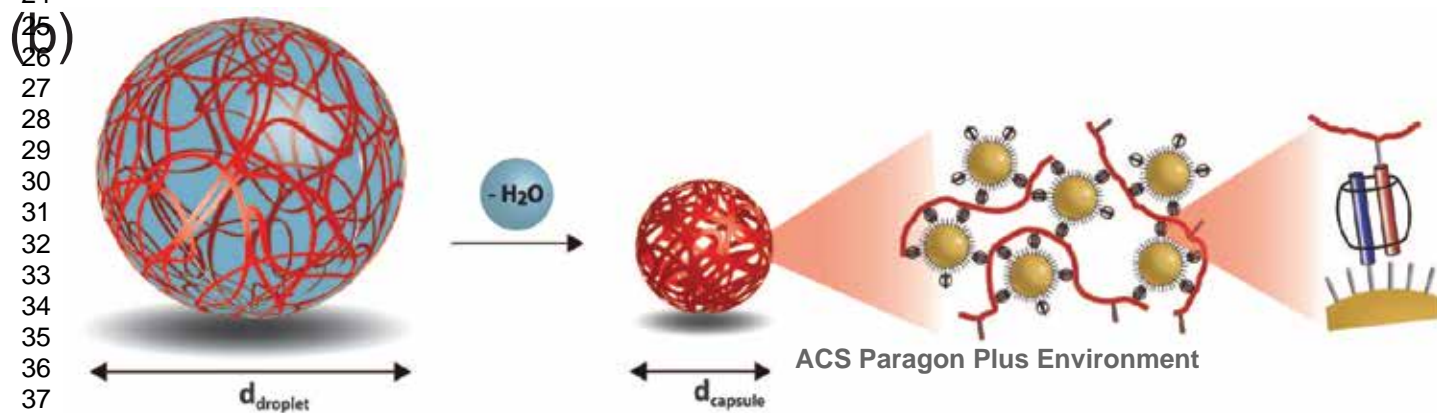
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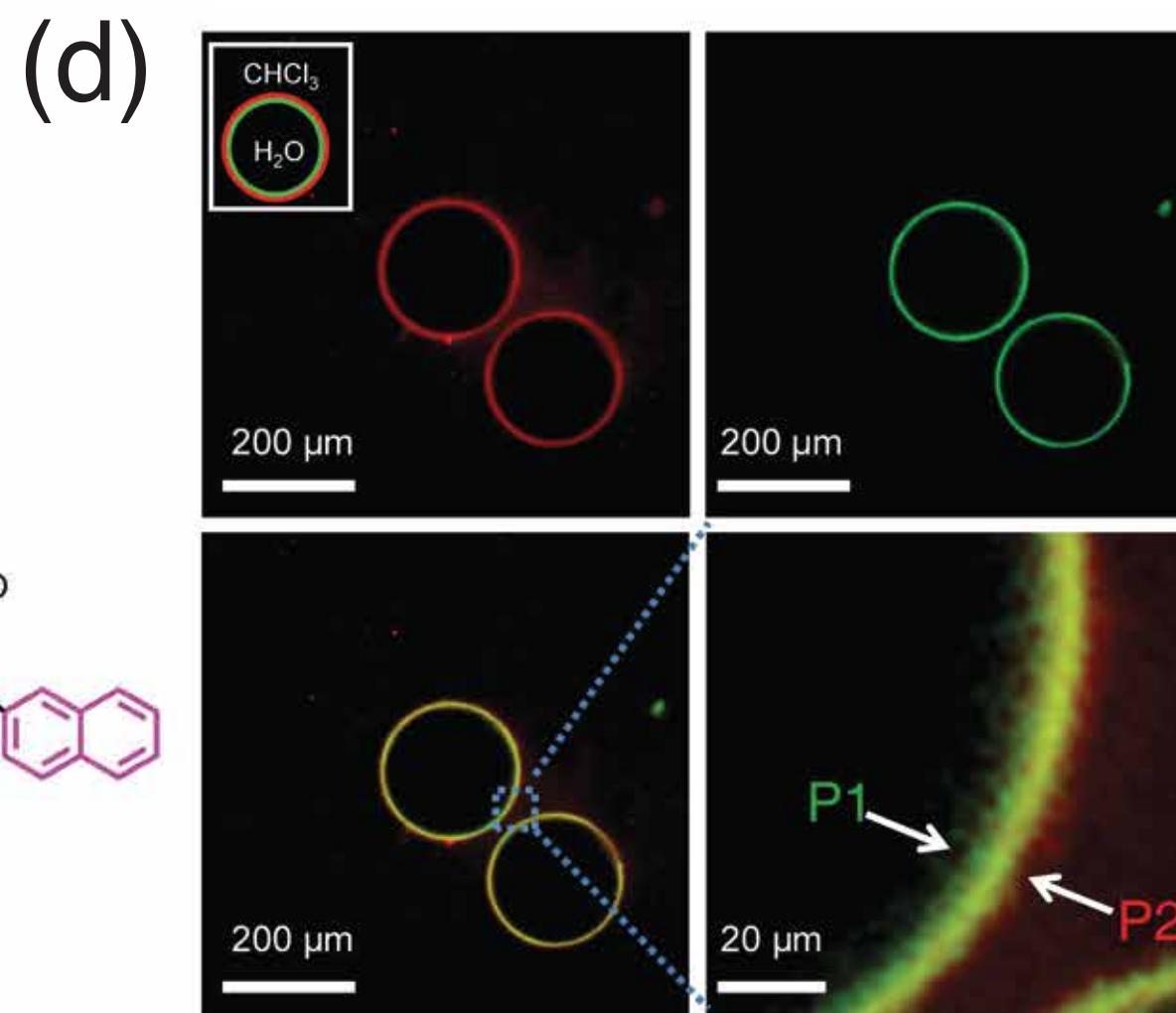
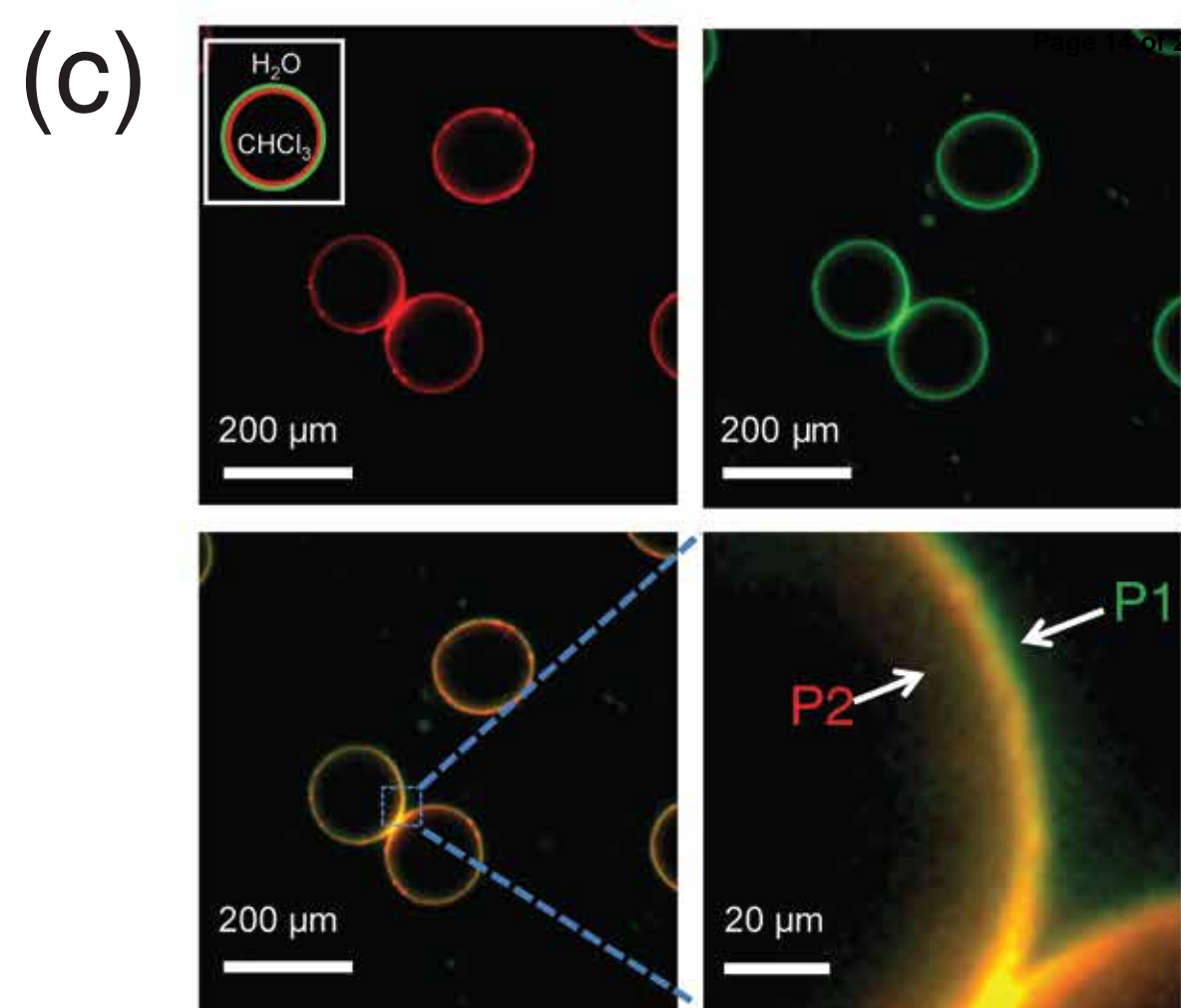
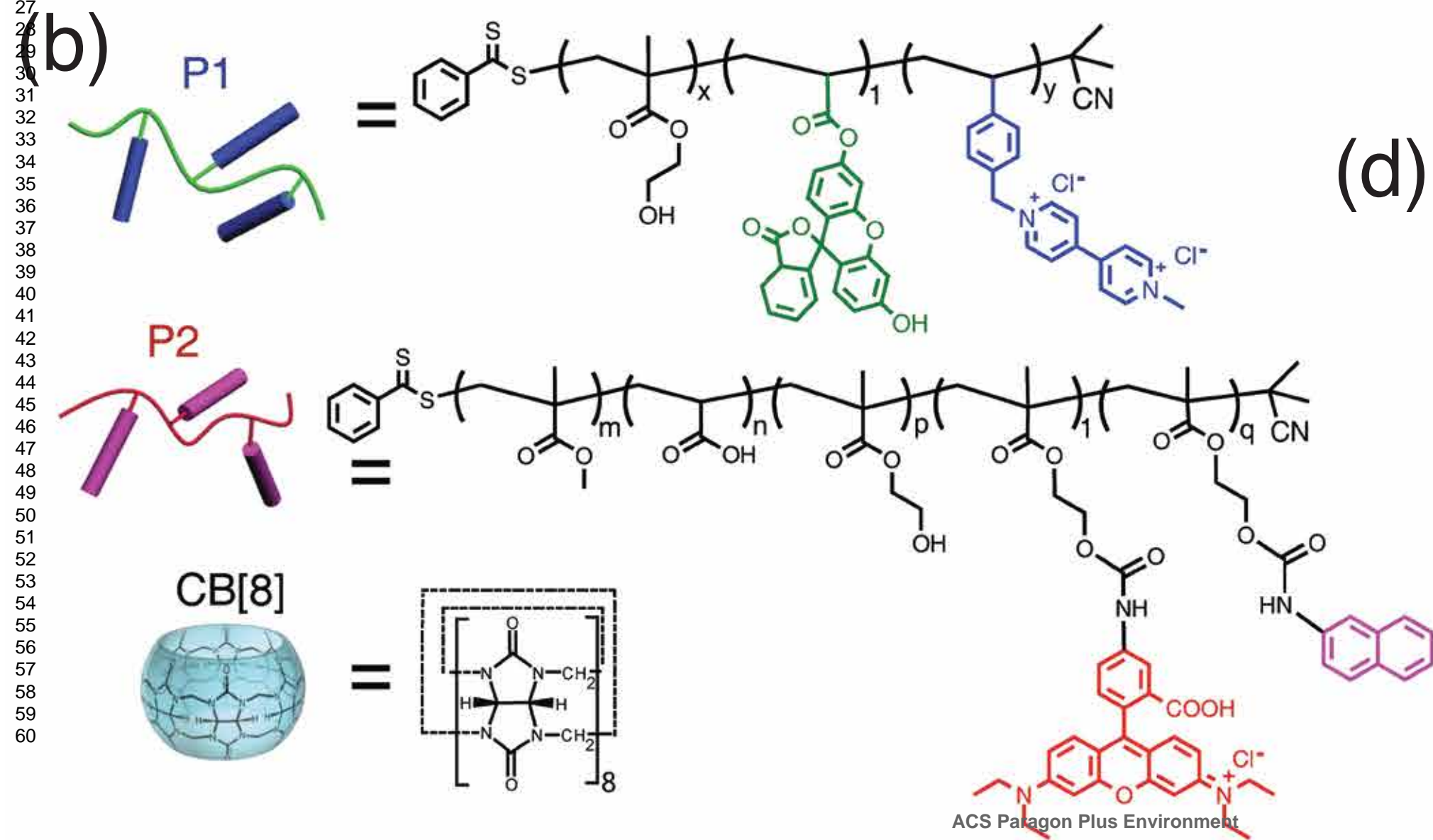
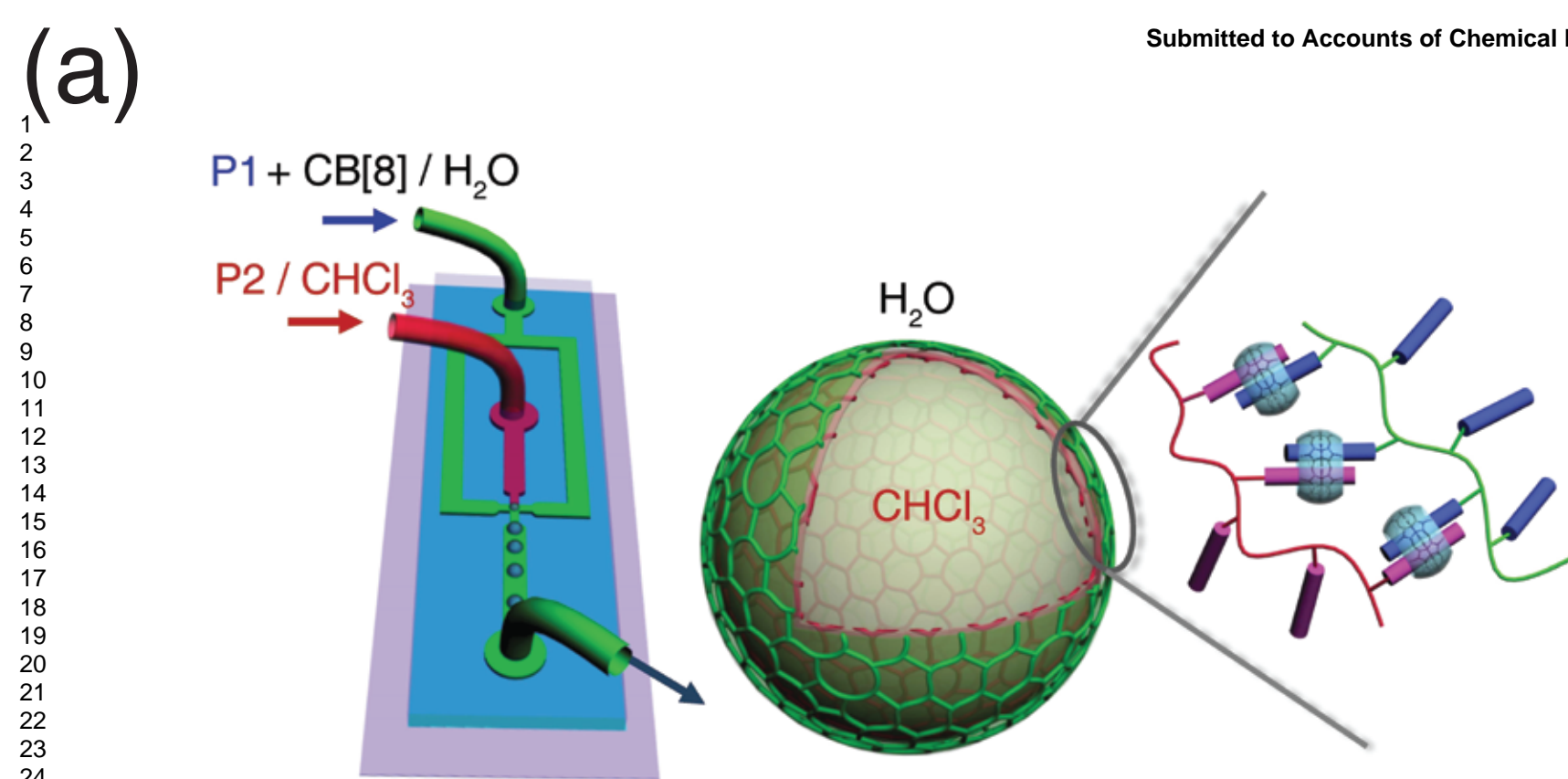


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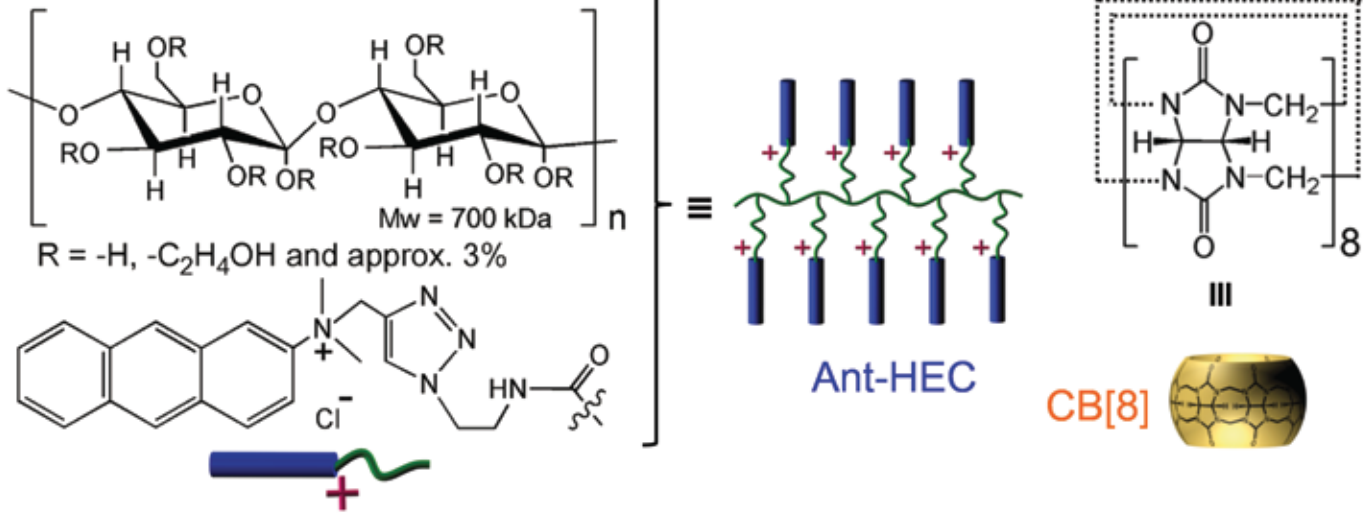
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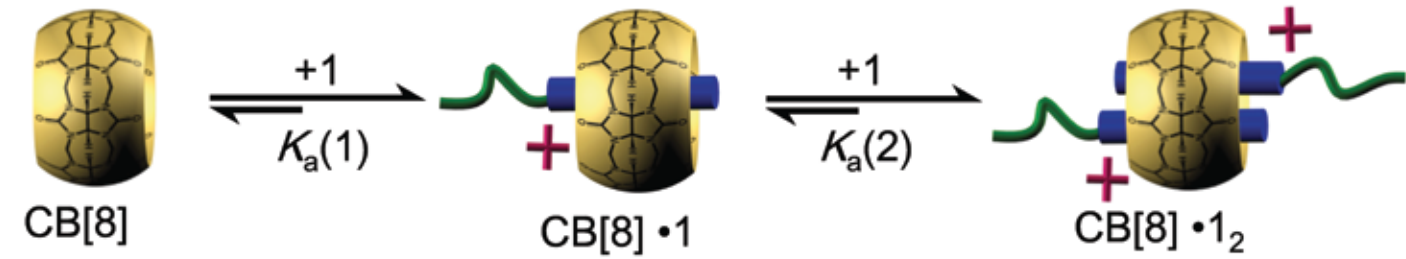




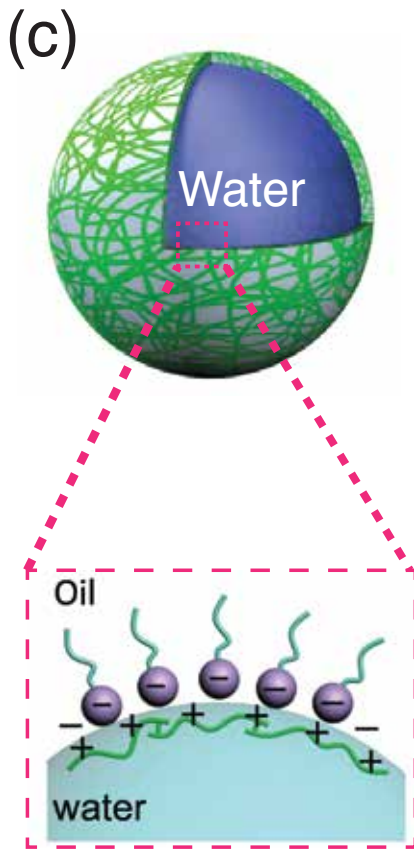
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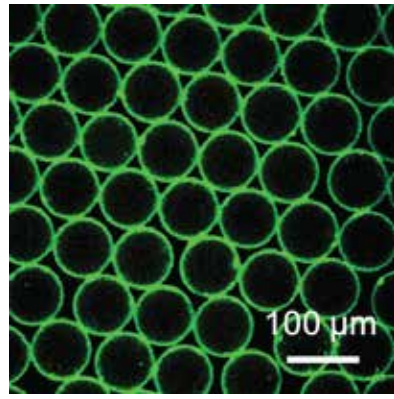
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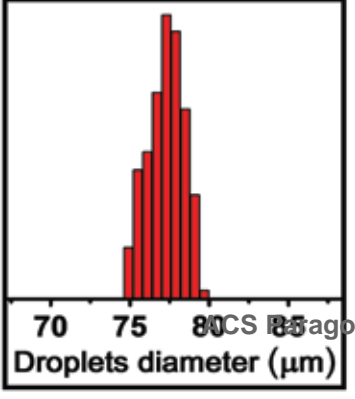
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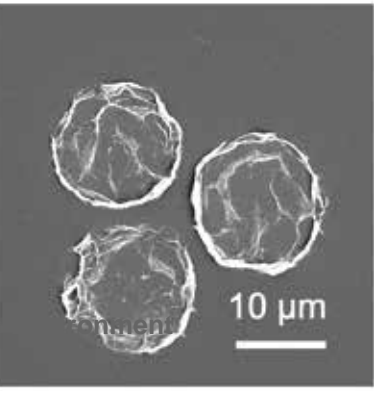
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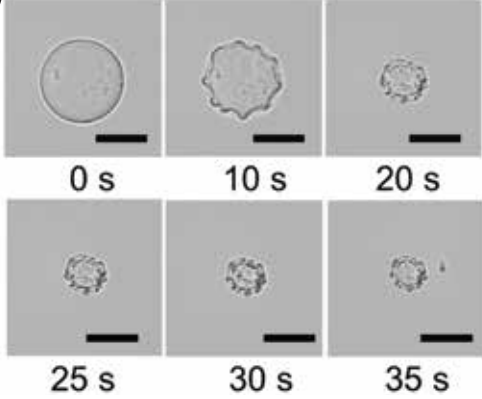
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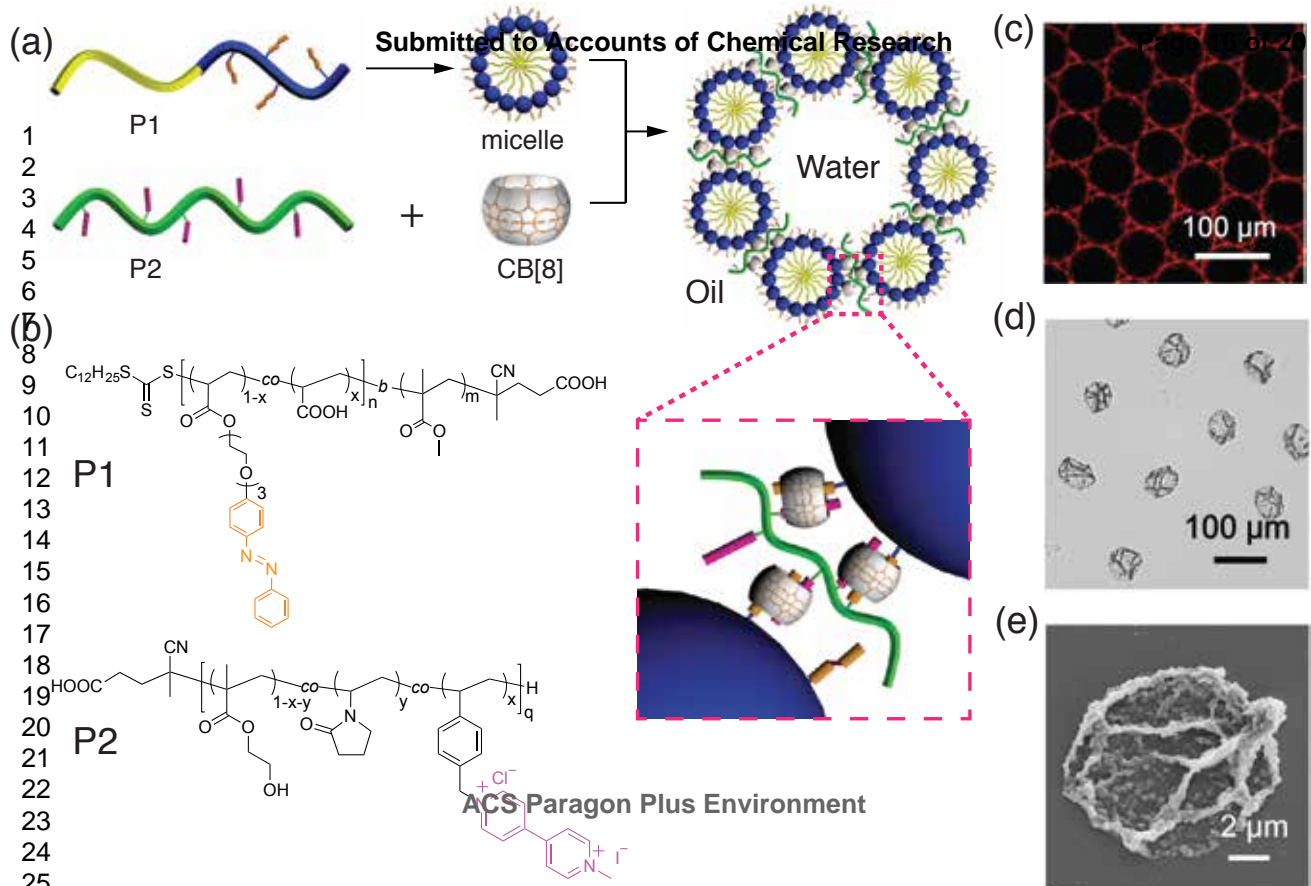
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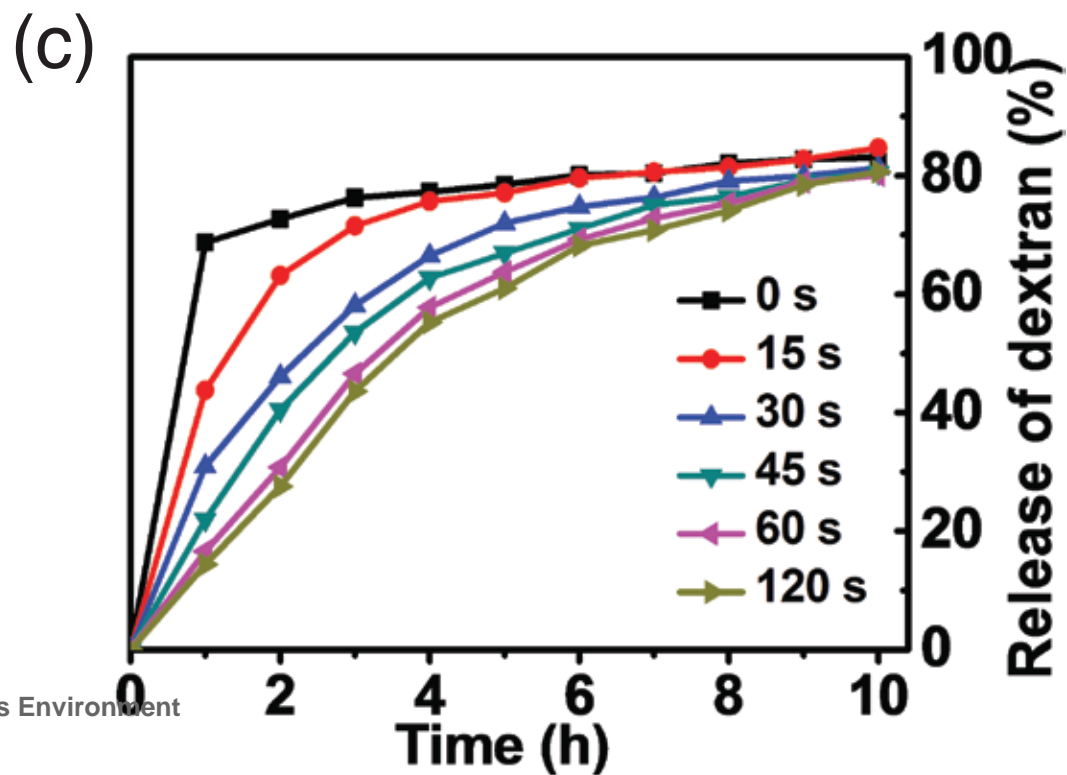
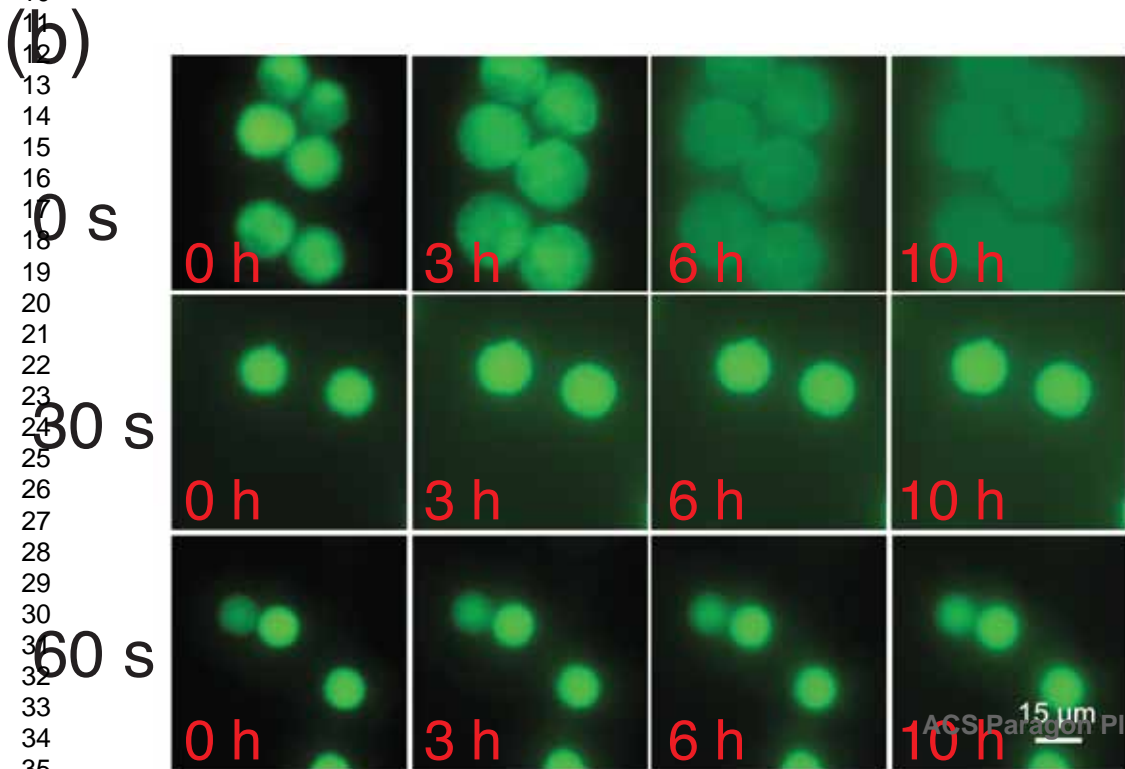
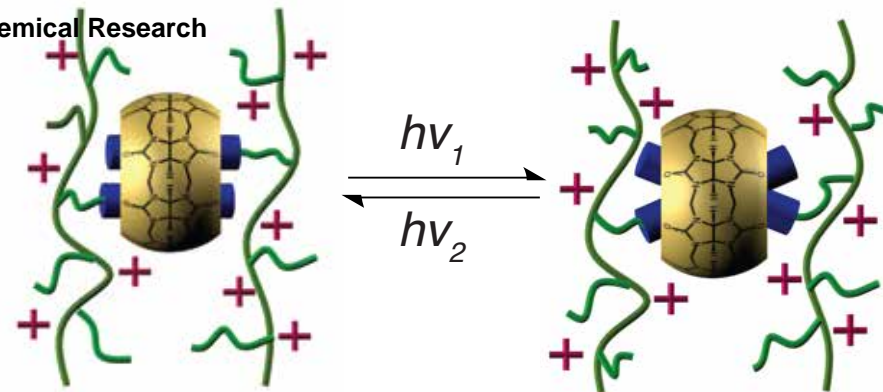
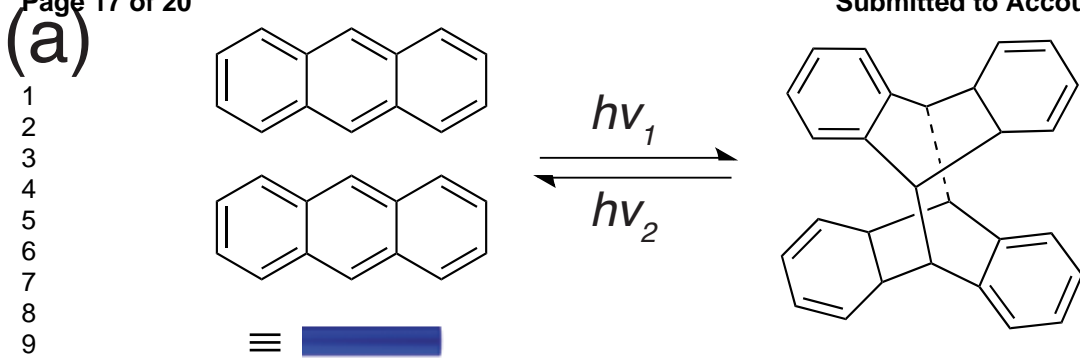


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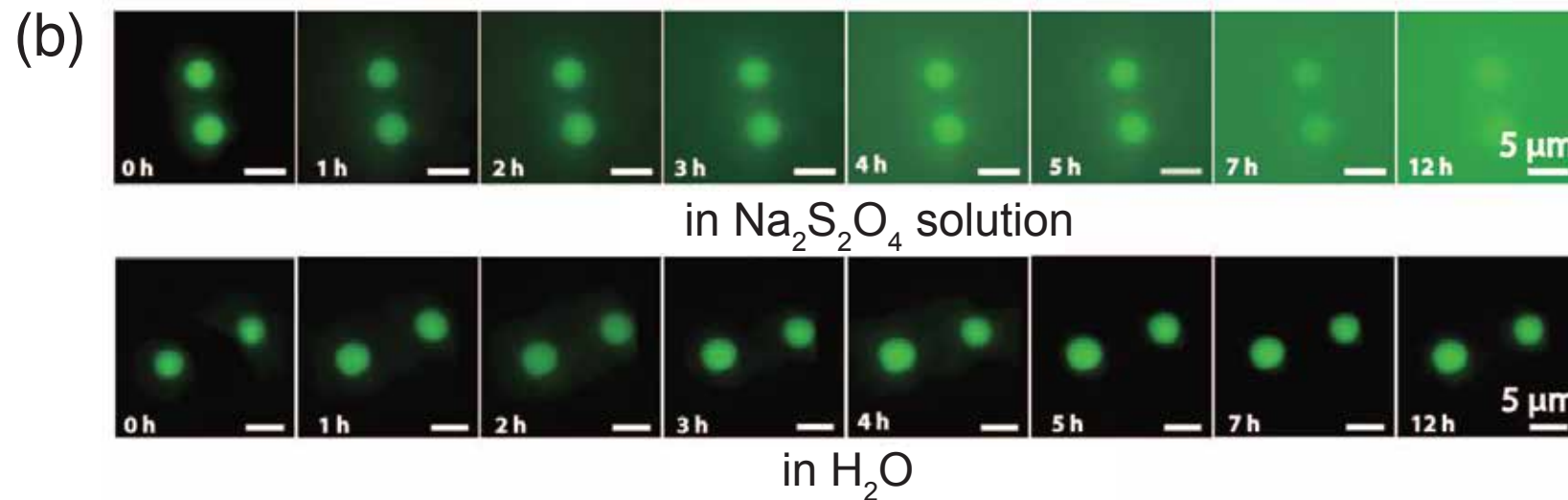
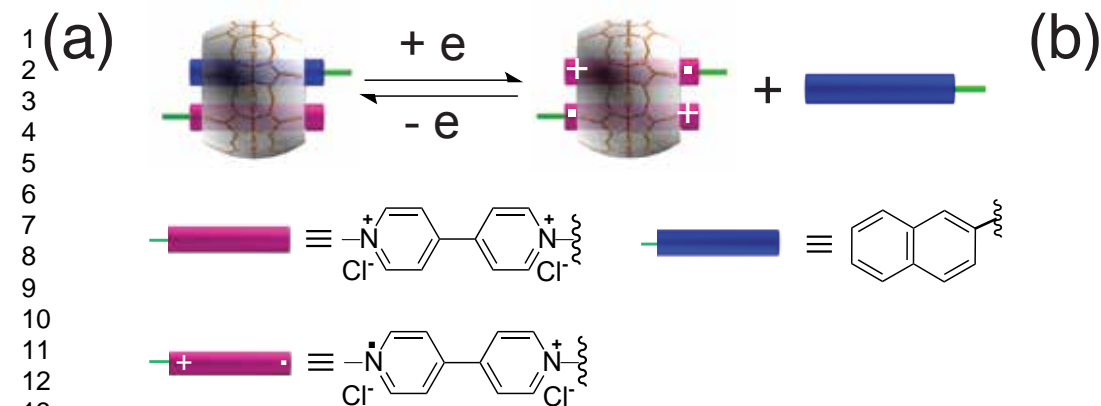




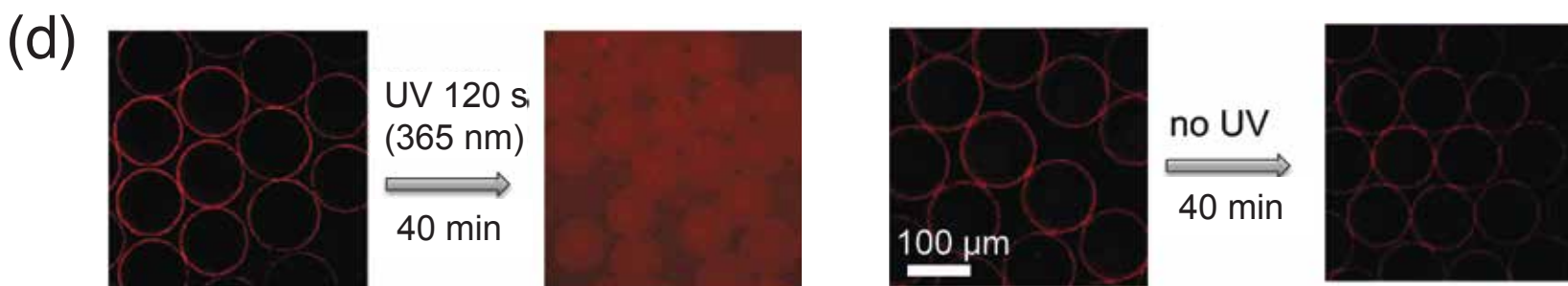
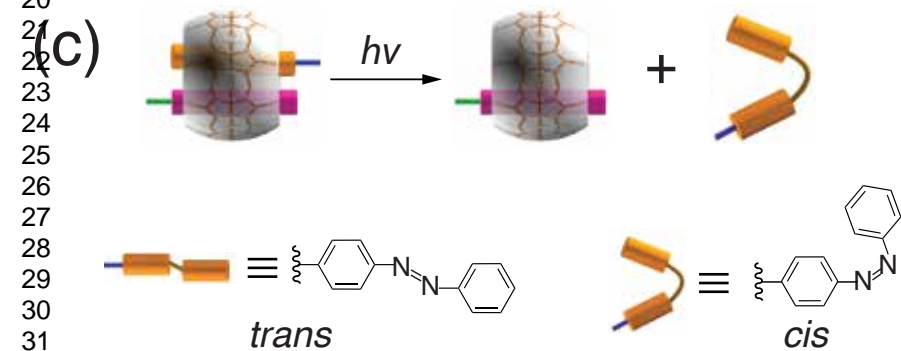




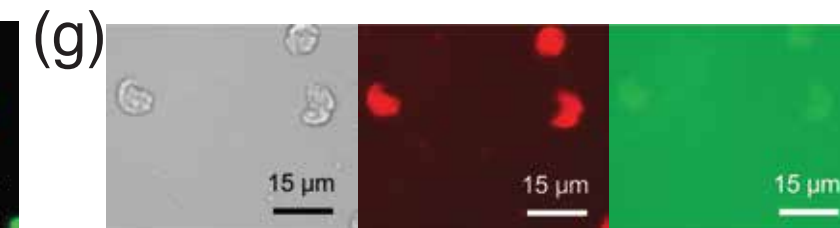
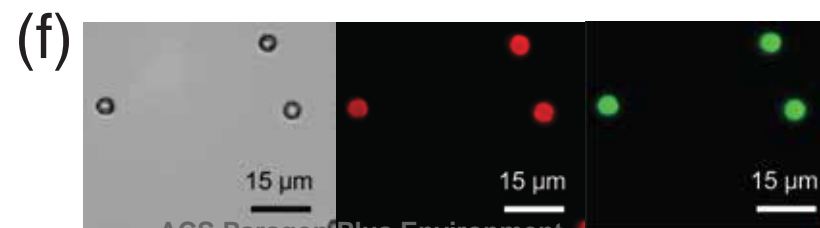
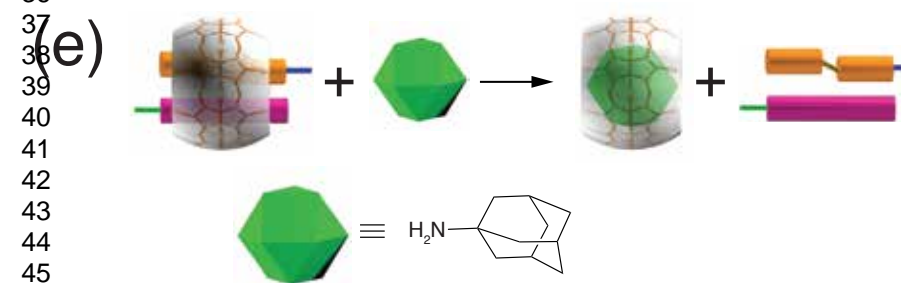




## Photo-triggered release



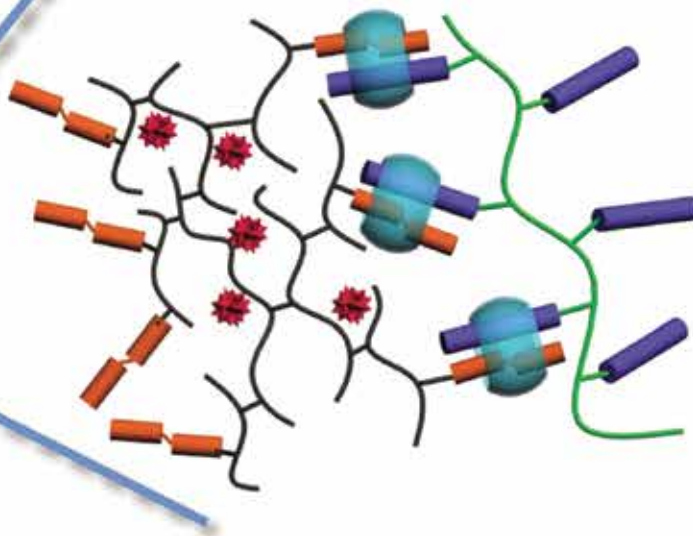
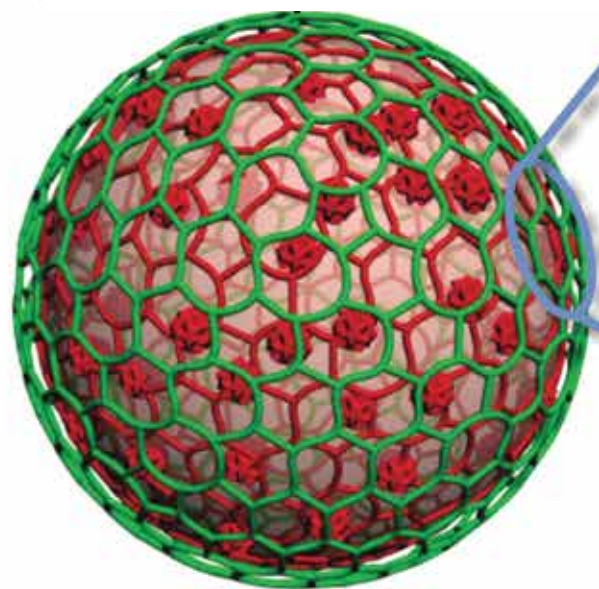
## Competitive guest-triggered release



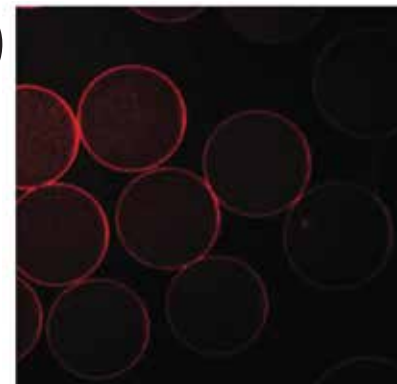
before rehydration

addition of ADA (1 mM)

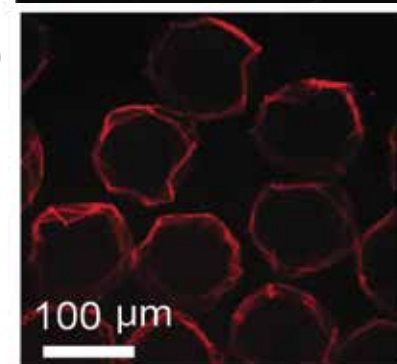
(a) Interfacial dendritic microcapsule



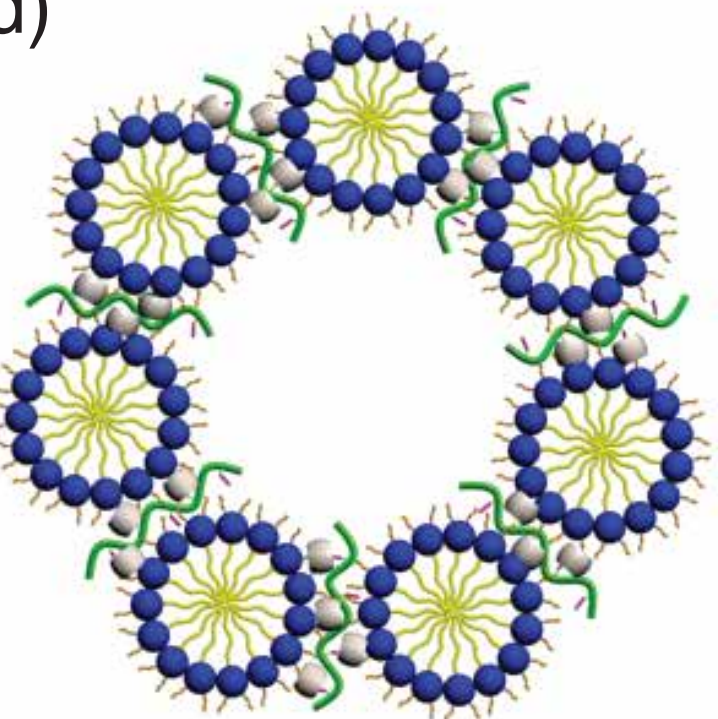
(b)



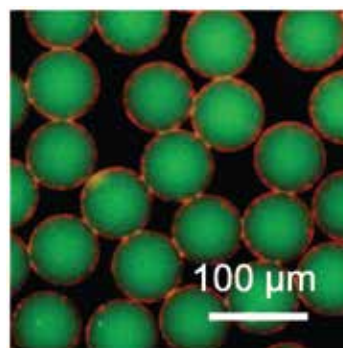
(c)



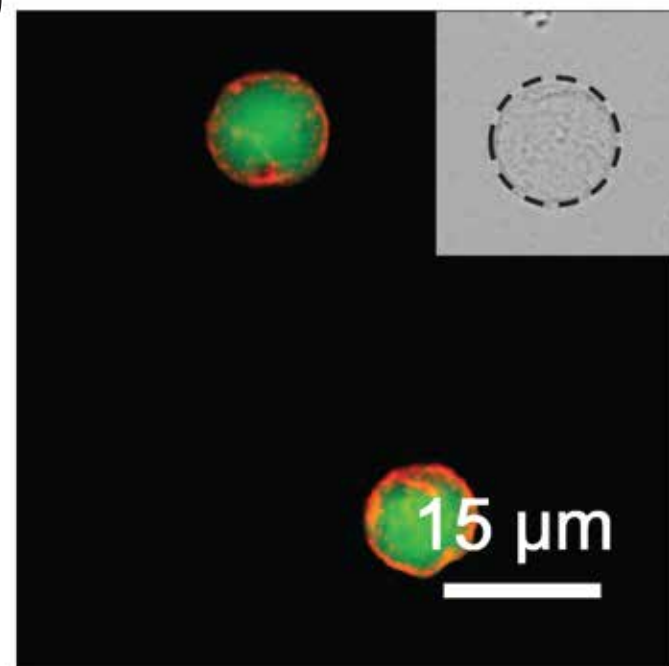
(d)



(e)



(g)



(f)





aqueous phase

# Applications

sensing  
cell study  
microreactor  
drug delivery

...

